

CSPS NEWS

THE NEWSLETTER OF THE CANADIAN SOCIETY OF PLASTIC SURGEONS

Vol. 34, No. 1 Spring 2023

Message from the President



Steven Morris, MD, FRCSC

HAPPY Spring to all. I hope, the weather is warming up nicely where you live. The Annual meeting of our society is coming up quickly in Whistler, BC, June

13 to 17, 2023. Dr. Earl Campbell about this topic. has put together an outstanding program with expanded panels and guest speakers. It promises to be an excellent meeting in a spectacular location so I hope that you have made your travel plans!

At the time of this submission, Dr. **Oleh Antonyshyn** is leading another surgical relief mission to Poland to look after Ukrainian casualties. CSPS members working with him include our Past President Dr. Carolyn Levis, Dr. Leif Sigurdson, Dr. Steve McCabe, Dr. Serge Goekjian and Dr. Tara Teshima. Dr. Antonyshyn will speak at the Whistler CSPS meeting

Also presenting at the CSPS meeting, is the well-known Emergency room physician and medical journalist, Dr. Brian Goldman, who will speak on a topic important to all physicians.

In other recent news, the House of Commons standing committee on Health has initiated a study of oversight of medical devices (breast implants). Dr. Peter Lennox has made a very significant effort over a number of years to create a Canada wide

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2023 Lifetime Achievement Awards

On the evening of June 16th in the MacDonald Ballroom of the Fairmont Château Whistler Hotel, two Lifetime Achievement Awards will be presented to CSPS members who have made remarkable contributions to the Canadian Society of Plastic Surgeons and to Plastic Surgery.



Dr Louise Caouette-Laberge has been a member of the Canadian Society of Plastic Surgeons (CSPS) since 1983. She has occupied positions on the society's Board of Directors and in 2003 served as president of the CSPS. She has made over 35 presentations at CSPS annual meetings, and contributed as an expert speaker numerous times.

Her reputation has brought her international acclaim, with guest speaker engagements in the United States, South America, China, and Africa.

Dr Laberge's service to the community goes beyond the confines of a normal practice. In 2007. she founded "Mission Sourires d'Afrique" a local



Dr. Gordon (Gord) Wilkes has been an member of the Canadian Society of Plastic Surgeons since 1982.

He has served the CSPS tirelessly over the past many years, serving on the Board from 2002 and becoming the Society's President in 2008. His contributions to the CSPS are well known to all and his contributions along with those of so many others have made our

Society the success it is today.

As a teacher, Dr. Wilkes has been one of the outstanding clinical teachers in the Division of Plastic Surgery. He has taught countless medical students and residents over the years, many of whom are now contributing members in the Canadian Society of

Please see, Dr. Caouette-Laberge, page 2

Please see, Dr. Wilkes, page 4

2023 CSPS President's Medal - Dr. Elizabeth Hall-Findlay



The Canadian Society of Plastic Surgeons President's Medal recognizes a CSPS member who has made an extraordinary contribution to the betterment of the specialty of Plastic Surgery by a singularly outstand-

ing contribution at any stage of career.

Dr. Elizabeth (Betsy) Hall-Findlay is widely recognized as having substantively influenced the practice of breast surgery and in particular that of breast reduction. It is rare to see the work of one individual change the practice of so many surgeons. Her contributions in the area of breast surgery are recognized across the globe and her invited national and international presentations in her area of expertise bear witness to the impact she has had on the specialty of Plastic Surgery.

She has always been a proud supporter of Canadian Plastic Surgery and of the Canadian Society of Plastic Surgeons, representing Canadian achievement in the field on the international stage.

The President's Medal will be presented to Dr. Hall-Findlay at the CSPS Annual President's Banquet on the evening of Friday, June 16th at the Fairmont Château Whistler Hotel, in Whistler, BC

CSPS 2023 Annual Meeting
From June 13 to 17, 2023 the CSPS will meet
at the Fairmont Château Whistler in Whistler,
BC.

RESERVE YOUR ACCOMMODATIONS BEFORE MAY 11, 2023

Online reservations can be made at https://book.passkey.com/go/ 0623CSPS

or by calling 604-938-8000 (800-441-1414)

and mentioning the id code: 0623CSPS

Register for the meeting at: www.plasticsurgery.ca / Annual Meeting / Registration

Leslie R. Chasmar Mentorship Award -Dr. John Legge



Dr. John Legge was nominated for the inaugural Leslie R. Chasmar Mentorship Award by the entire Division of Fraser West Plastic Surgery Association.

Dr. Legge has been an esteemed member of the Cana-

dian Society of Plastic Surgeons since 1982. He was responsible for developing the cohesive group that is the centre-point of the Fraser Health Authority Plastic Surgery program today.

Dr. Legge's efforts not only served to build a smooth-running plastic surgical service capable of serving one of the fastest growing regions in the county without negatively impacting patient care, but also fostered a highly collegial and highperforming group of surgeons who enjoy rewarding professional careers alongside well-balanced personal lives.

Dr. Legge has always been an invaluable resource to new surgeons to discuss cases in a non-threatening and non-judgmental way. When each of us first joined this group, he was always quick to ask how we were doing and to offer support in clinical and administrative issues, easing the transition from trainee to attending.

Since retiring from his own practice, he has remained as the assist in the plastics trauma OR, working with each member of the group on a regular basis. Over these past 10 years he has been a tireless and dependable board to bounce ideas off, as well as offering sage advice on complex cases. He has also taken on the primary role of teaching residents and medical students rotating through the plastics trauma room. He spends hours each day teaching and mentoring aspiring physicians and students. He shows a passion and interest in his role as teacher and mentor.

Dr. Legge has been an exceptional leader in the Plastic Surgery division in Fraser Health during the entirety of his career. He has shown collegiality, leadership, and mentorship throughout his career directly towards every member of the group. He has always been available, approachable, and happy to provide combined consultations with complex patients or provide an erudite second opinion.

Dr. Legge is a gentleman who has led by example, and his leadership and mentorship has helped shape the entire division. He has certainly been instrumental in the development of each of our practices, as well

as our interrelationships amongst colleagues.

This inaugural Leslie R. Chasmar Award will be presented to Dr. Legge at the CSPS Annual President's Banquet on the evening of Friday, June 16th at the Fairmont Château Whistler Hotel, in Whistler, BC

from page 1, Dr. Caouette-Laberge

NGO that travelled to developing francophone African countries to provide surgical care primarily for individuals with cleft lip and palate, as well as providing education for local surgeons so that they can provide ongoing care for their community. She has been the principal surgeon in over 40 missions around the world, teaching and changing lives, one child at a time

Dr. Laberge has received numerous awards throughout her career, including La Presse's personality of the week, Chatelaine's woman of the year, Le Salon de la Femme's woman of merit, University of Montreal's Albert Royer prize for excellence in continued medical education, May Cohen Award for mentorship, Humanism Prize from the Quebec College of Physicians and Quebec Society, professor Emeritus at the Université de Montreal, Officer of the Quebec National Order, just to name a few

Notwithstanding all the above, her greatest accomplishment is her positive influence, her unrelenting energy, and her continuous quest for excellence which she has transmitted to all the students, residents, and colleagues under her tutelage. She has accomplished this through her teaching, sharing of knowledge, her unrelenting desire for academic excellence, wise guidance and her unwavering trust and encouragement. She has truly been a role model, as a teacher, surgeon, administrator, woman, mother and friend.

Quoted from Dr. Patricia Bortoluzzi, nomination letter

In memoriam - Robert Carter, MD, **FRCSC**



The Canadian Socie-ty of Plastic Surgeons regrets the passing of Dr. Robert "Bob" Carter on Friday, March 10, 2023 at the age of 75 years. A member of the CSPS since 1982, Dr. Carter was born and raised in Red Deer, Central Alberta which

held a special place in his heart. Returning to Red Deer with his family in 1981 and joining the "new" Red Deer Hospital as a Plastic Surgeon was the culmination of years of medical training and experience. He happily practiced his specialty in Red Deer for over thirty years. As a Speedskater in his youth, Bob enthusiastically coached the Red Deer Speed Skating Club, introducing local skaters to the love of the sport and the pursuit of personal accomplishment. Always an active athlete, enjoyed eagerly Motocross, Windsurfing, Golf and Skiing, to name a few. He loved to travel and made new friends wherever he went.

Dr. Carter's colleagues in the Canadian Society of Plastic Surgeons share their condolences with his wife of fiftyseven years, Rosanne, his daughters, Christine and Andrea, his granddaughters, Samantha (Andrew) Yaschuk, Zoey Augier, Anja Carter, his grandson, Rowan Solonas, his great granddaughter, Jade Augier, his sisters, Deb and Dale (Butch) Latam and his nephews, Michael and Brady Latam. Bob was predeceased by his son, Bill, his brother, Andy, and his parents, Bill and Rhoda.

If desired, Memorial Donations in Bob's honor may be made directly to the Alzheimer Society at www.alzheimer.ab.ca who provided much appreciated caregiver support to his family. Condolences, memories and photos may be shared and viewed at www.parklandfuneralhome.com

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FRCSC



Joseph Auby Starr died November 13, 2022, at Baycrest Health Sciences Centre in Toronto with his devoted wife Bernadette by his side.

Joe was a member of the CSPS from 1971 and President of the Canadian Society of

Plastic Surgeons in 1993, presiding over the annual meeting that year in St John's, Newfoundland. His appointment and tenure were unique as he was one of the few elected presidents practising in a "nonacademic" setting - an accolade bestowed in recognition of his passion and expertise in plastic surgery, and for his widespread respect within the Society. He presided over CSPS finances as Secretary-Treasurer from 1988 to 1991 and put together the annual scientific program as Vice-President in 1992.

Joe was born in Toronto in 1941, and was a proud alumnus of UTS, and the University of Toronto. He went on to spend his entire professional career at North York General Hospital, joining there the hospital's first plastic surgeon, Dr. Charlie Palmer. The two became close friends, and Joe always looked to Charlie as his mentor. Joe Starr was head of the Division of Plastic Surgery at NYGH for 10 years.

Joe was a loving father of four, and eventually became a proud grandfather of two. His passion beyond his family and work extended to the entertainment world - Joe never missed an opportunity to entertain. His multiple funny storylines and his imaginative sense of humour made him a much sought after host for family and professional gatherings. He was dubbed "The Singing Surgeon" by the Toronto Star. He was a voracious reader and history buff, especially for events of World War II. His passion extended to sports cars - with a reputation for a heavy foot to go with it!

Joe's last 11 years were arduous, dealing with the sad sequelae of strokes. But he did so with the acceptance, grace and dignity of a respected elder statesman.

Joe Starr was a loval trusted family man, friend, and colleague. He will be missed.

> Contributed by Dr. Bernd Neu, Toronto, ON

In memoriam - Joseph Starr, MD, In memoriam - Gunter Born, MD, **FRCSC**



Canadian Society of Plastic Surgeons member from 1966, Dr. Gunter Born, age 94, passed peacefully at home on October 23 2022. He predeceased by his beloved wife Judith in

May 2021. Cherished father to Leslie (Walter Schaible) and Trevor (Lisa Airan); dear brother to Harry Born and uncle to Daniel and Eduardo Born.

Born in Katowice Poland, Gunter moved to Tel Aviv during the Second war with his parents and brother. He completed high school in Tel Aviv, followed by medical school in Bern, Switzerland. He emigrated to Canada in 1953 and pursued surgical training at the Jewish General Hospital in Montreal, followed by Plastic Surgery training in Syracuse, New York.

Gunter began his Plastic Surgery practice in Hamilton in 1959; he practiced for 43 years initially from his office at the Medical Arts Building then later at 25 Charlton Avenue. Among his areas of clinical expertise were the treatment of traumatic injuries and burns, as well as many procedures in hand and breast surgery. He was a pioneer in burns treatment in the 1960s notably at the Hamilton General Hospital. Mozart's music filled his operating theatre.

Gunter was a devoted husband to Judith for over 60 years. They shared a life filled with social activity, travel, skiing and bicycling, classical music and opera, art and theatre. They enjoyed many pleasant winter seasons in Florida. Gunter and Judith celebrated their 60th wedding anniversary in March 2021.

> Contributed by Dr. Trevor Born, Toronto, ON

CSPS 2024 Lifetime Achievement Award

Purpose

This award honors an established plastic surgeon who is a member of the Canadian Society of Plastic Surgeons and has made an outstanding contribution to the profession and to the CSPS.

The award will be made on the basis of teaching, research, innovation and service to the community or other endeavors.

Nominees for this annual award will be reviewed by the CSPS Nominating Committee.

Eligibility

Members in good standing of the CSPS for at least 20 years are eligible.

The Award

The Award consists of the waiver of registration fees for the Annual Meeting in the year in which the award is bestowed and a plaque given at the annual President's Banquet.

Nomination Procedure

The complete nomination consists of a letter from a member of the CSPS formally proposing the nominee and outlining the nominee's specific contributions to plastic surgery and to the Society accompanied by the nominee's curriculum vitae.

Send nominations to CSPS Secretariat, 803 Laurier Ave. E. #2, Montreal, QC H2J 1G2, Fax: 514-843-7005 csps_sccp@bellnet.ca, before February 16, 2024.

Transfer to Senior member status

CSPS MEMBERS WHO have reached their sixtieth birthday are eligible to request transfer to Senior Member status.

Society By-Laws define Senior Members as: "...Active Members who, on attaining their 60th birthday, may apply in writing to transfer to this category. They shall retain a vote, but may not hold office. They will not pay annual dues, but will pay convention subscription on attendance. Sick or disabled members may also apply for transfer to this category."

Senior Associate Members "...shall be non-voting members and may not hold office. They will not pay annual dues, but will pay convention subscription upon attendance."

To request transfer please address a short note to CSPS/SCCP, 803 Laurier Ave. E #2, Montreal, QC H2J 1G2, Fax: 514-843-7005; csps_sccp@bellnet.ca.

Membership application deadline

The deadline for submission of membership applications and letters of nomination to the Membership Committee is April 15, 2024.

New members are accepted into the Society upon a vote of the members present at the Annual Business Meeting. This meeting will take place on Friday, June 14, 2024 at the Marriott Hotel, Halifax, NS

New members will receive their certificate at the President's Banquet that evening.

Application forms are available on the CSPS website (www.plasticsurgery.ca) and from the Society Secretariat CSPS/SCCP, 803 Laurier Ave. E. #2, Montreal, QC H2J 1G2, telephone: 514 - 843-5415; Fax: 514 - 843-7005; csps sccp@bellnet.ca.

Visiting professor funding available

Visiting professor funding is available through the Educational Foundation of the CSPS.

The maximum amount per individual is Cdn\$2,000 to cover travel expenses, hotel accommodations and honorarium. Funds will be allocated with priority given to a professor visiting more than one center.

Application for funding may be made by contacting the Educational Foundation of the CSPS, 803 Laurier Ave. E. #2, Montreal, QC H2J 1G2 (Phone: 514-843-5415; Fax: 514 - 843-7005; e-mail: csps_sccp@bellnet.ca).

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registry of breast implants. Both Dr. Lennox and I will present to the committee and encourage them to recommend a National Registry such as is in place in many countries in the world. If you are interested in following the committee, you can view submissions on the House of Commons website under the Standing Committee on Health:

[HESA - Oversight of Medical Devices (Breast Implants) (ourcommons.ca)]

Hope to see you in Whistler in June!

from page 1, Dr. Wilkes

Plastic Surgeons. Dr. Wilkes has been active in resident training on the Resident Program Committee in Plastic Surgery at the University of Alberta and has also served as the Divisional Director of Plastic Surgery at the University of Alberta from 2005 to 2014, with a large impact on resident training. Dr. Wilkes was an examiner in plastic surgery for the Royal College fellowship exams from 1994 to 1998, as well as 2005 and 2008, and was the Chief Examiner for a number of years during this time period. Dr. Wilkes has an extensive number of publications, presentations, book chapters.

Dr. Wilkes is the embodiment of what a plastic surgeon in Canada should represent. He has had a distinguished career. He has always been a role model to the younger surgeons and residents in our community, his ethics are beyond reproach and most importantly, he is a gifted and skilled surgeon.

Quoted from Dr. Dave Edwards, nomination letter



CANADIAN SOCIETY OF PLASTIC SURGEONS

76th ANNUAL MEETING

June 13-17, 2023Château Whistler Hotel, Whistler, BC

Scientific Program Highlights

Tuesday, June 13th

- > Canadian Society for Surgery of the Hand (CSSH): Ultrasound Hand Course
- > Canadian Society for Surgery of the Hand (CSSH) Scientific Program

Wednesday, June 14th

- > GAM Canada Annual Meeting: Pediatric Microsurgery Dr. Karen Wong-Riff, Guest Speaker
- > FACE (Forum for the Advancement of Craniofacial Expertise)
- > Educational Foundation Symposium Practice Challenges, Professor Mark Ashton, Guest Speaker

Thursday, June 15th

- > Eye Opener: Improving Safety during Injectable Treatment, Dr. John Arlette
- > Canadian Expert: Burns Dr. Joshua Wong
- > Panel: Which Implant? When? Drs. Toni Zhong, Ryan Austin, Peter Lennox
- > Canadian Expert: Community Microsurgeon 2.0: > 25 years In Dr. Scott Williamson
- > A.W. Farmer Lecture: Back to basics- understanding perforator flap anatomy and how to improve outcomes Professor Mark Ashton
- > Hands on Ultrasound Cosmetic Imaging experiential workshop- Dr. John Arlette
- > Young Plastic Surgeons Symposium: Financial Ins & Outs of Practice
- > Young Plastic Surgeons Symposium: Masters of Surgical Disaster Panel Drs. Mark Ashton, Jennifer Giuffre, William Kuzon
- > Young Plastic Surgeons Symposium: Masters of Practice Disaster Panel Drs. Earl Campbell, Rob Harrop, Aaron Knox
- > 10th Annual Plastic Surgery Nurses Symposium

Friday, June 16th

- > Eye Opener: Achieving Inclusive Excellence in Plastic Surgery: The integration of the principles of Equity, Diversity, and Inclusion in Canadian Plastic Surgery programs - Dr. Laura Snell
- > CSPS Invited Speaker: Dr. Brian Goldman, Guest Speaker
- > Residents Meet the Professor: Operative Evolution: Free Breast Paradigm Dr. Scott Williamson

Saturday, June 17th

- > Canadian Expert: Spasticity Dr. Emily Krauss
- > Canadian Expert: Nerve Transfers Dr. Jaret Olson
- > Canadian Expert: The War in Ukraine Dr. Oleh Antonyshyn
- > Canadian Expert: Vasovasotomy Dr. Steve Cassar
- > Beyond the Knife