



SOCIÉTÉ CANADIENNE DES CHIRURGIENS PLASTICIENS
74e Réunion annuelle et 2e Programme Scientifique Virtuel
juin 2021

L'HORAIRE EST EXPRIMÉ EN « HEURE AVANCÉE DE L'EST »

14 JUIN		17 JUIN		21 JUIN	
18h30	MOT DE BIENVENUE ET INTRODUCTION	18h30	INTRODUCTION	18h30	INTRODUCTION
18h35	Symposium de la Fondation d'Éducation <i>Augmentation mammaire primaire</i> Dr Nick Carr, Dr. Mathew Mosher	18h35	CONSEILS & TRUCS: Comment aborder la retraite – un abécédairaire pour le plasticien, Dr A. Thoma	18h35	Gagnants de la Chope Challenge <i>Relecture vidéo</i>
		18h50	GAM CANADA <i>Conférenciers invités: Dr Tommy Tung & Dre Amy Moore</i>	18h40	Expert canadien: <i>Analyser la compétence par conception</i> – Dr. Doug Ross Expert canadien: <i>Gestion des fractures orbitales</i> – Dr. Ramon Grover
19h50	Présentations des lauréats des prix de la SCCP	20h05	Au-delà du couteau Des expériences profondes, transformatives et fiscalement efficace (ou presque), Dr Rob Harrop L'Ordre de St-Jean de Jérusalem Hospitalier, Dr. Nancy Van Laeken	19h20	SESSION SIMULATNÉE A: Forum pour l'avancement de l'expertise craniofaciale - FACE
				19h20	SESSION SIMULTANÉE B: Société Canadienne de Chirurgie de la Main – SCCM : <i>Conférencier invité : Dr Bauback Safa</i>
20h30	PAUSE / Dégustation de vin	20h30	PAUSE / Dégustation de vin	20h30	PAUSE / Dégustation de vin
20h45	Expert canadien: <i>Progrès dans la prise en charge du mélanome malin</i> – Dre Claire Temple-Oberle Expert canadien: <i>Tendances actuelles dans le traitement chirurgical du visage vieillissant</i> – Dr. Greg Waslen	20h45	A.W. Farmer Lecture: <i>La prévention et le traitement des complications du site de prélèvement abdominal</i> – Dr. Ron Israeli	20h45	SYMPOSIUM DES JEUNES PLASTICIENS <i>Table Ronde:</i> <i>Maîtriser les désastres</i>
	21h15	La Chope Challenge des programmes de formation <i>Organisée par l'Université McMaster</i>			
21h35	Conférence Ross Tilley & Attribution de la Bourse 2021				
21h45	CLÔTURE	21h45	CLÔTURE	21h45	CLÔTURE

La discussion en direct et une période de question et réponse suivra chaque session

En tant que fournisseur accrédité, l'Université Dalhousie département de DPC, désigne cette activité de formation collective agréée, aux termes de la section 1 du programme de Maintien du certificat du Collège royal des médecins et chirurgiens du Canada pour un total de 9 heures de formation continue [3 heures pour le 14 juin; 3 heures pour le 17 juin; 3 heures pour le 21 juin].

En vertu d'une entente intervenue entre l'American Medical Association et le CRMCC, les médecins pourront convertir les crédits du programme de Maintien du certificat du CRMCC en crédits AMA PRA Category 1 Credits^{MD}. On trouvera les renseignements sur le processus de conversion des crédits du CRMCC en crédits AMA à : www.ama-assn.org/go/internationalcme

Conformément aux exigences de l'AMC, le contenu du programme et le choix des conférenciers demeurent la responsabilité du comité de programme. Le soutien financier sert à souscrire les coûts de la réunion et non des conférenciers.



CANADIAN SOCIETY OF PLASTIC SURGEONS
SOCIÉTÉ CANADIENNE DES CHIRURGIENS PLASTICIENS
74th Annual Meeting and 2nd Virtual Scientific Program
74e Réunion Annuelle et 2e Programme Scientifique Virtuel

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Danny Peters, MD, FRCSC, President, Forum for the Advancement of Craniofacial Expertise (FACE)
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Kevin Zuo, MD - Resident, Toronto

ABSTRACT REVIEW COMMITTEE 2021
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JUNE 14, 2021

EDUCATIONAL FOUNDATION OF THE CSPS

18:35

Welcome and Introduction

Dr. Rob Harrop, President, CSPS Educational Foundation

18:40

PANEL: Primary breast augmentation

Dr. Nick Carr & Dr. Mathew Mosher

Moderator: Dr. R. Harrop

Vancouver, BC

LEARNING OBJECTIVES

Upon completion of this session the attendee should be able to:

- Understand the challenges of a breast augmentation practice
- Structure a breast augmentation consultation with a rational approach to patient selection and setting of expectations
- Develop an appropriate plan including implant selection and decisions regarding incision and surgical plane
- Understand the common pitfalls and complications of primary breast augmentation surgery and some of the strategies that can be incorporated to minimize these

RESIDENTS CORNER COMPETITION AWARDED PRESENTATIONS

BASIC SCIENCE CATEGORY

19:50

1st Prize: Strategies to Optimize Functional Recovery in a Distal Nerve Transfer

**J-L Senger*, K Rabey, J Olson, M Morhart, M Chan, CA Webber
Edmonton, AB**

LEARNING OBJECTIVES:

- CES-ExT improves outcomes following DNT
- Combining CES with exercise has greater effects than individual techniques
- short-term exercise is as effective as long-term in enhancing regeneration.

19:55

2nd Prize: Tissue engineered nerve graft for the repair of peripheral nerve gap

**O Larrivée*, R Rinfret-Paquet, A Thibodeau, T Galbraith, H Khuong, F Berthod
Laval, QC**

LEARNING OBJECTIVE

At the end of the presentation, the participant will be able to list novel areas of nerve tissue engineering for reconstructive surgery.

CLINICAL STUDY CATEGORY

20:00

1st Prize: Health utilities from children with cleft lip and/or palate in Ethiopia: A cross sectional study

**K Chung*, G Gebretekla, M Eshete, A Howard, E Pullenayegum, C Forrest, S Beate
Toronto, ON**

Learning objective

Understand how health utilities can help inform resource allocation in global surgery.

20:05

DISCUSSION

20:10

2nd Prize: Outcomes of Pediatric Dynamic Facial Reanimation after Two Decades

K Zuo*, M Heinelt, E Ho, G Borschel
Toronto, ON

LEARNING OBJECTIVES

To discuss long-term outcomes of pediatric facial reanimation

INNOVATION CATEGORY

20:15

1st Prize: Upper extremity agonist-antagonist myoneural interface improves force matching accuracy compared to standard transradial amputation

R Gudimella*, R Adamson, Y Pan, D Tang
Halifax, NS

LEARNING OBJECTIVE

AMI surgical technique in the upper extremity. Quantifying and comparing proprioception in amputees

20:20

2nd Prize: Introducing automation in virtual surgical planning for unicoronal craniosynostosis

ER Robertson*, G Louie, P Kwan, P Boulanger, D Aalto
Edmonton, AB

LEARNING OBJECTIVE

Demonstrate how simple tools in computer automation can aid in virtual surgical planning.

20:25

DISCUSSION

CANADIAN EXPERTS

20:45

Advances in the Management of Malignant Melanoma

Dr. Claire Temple-Oberle
Calgary, AB

LEARNING OBJECTIVES

- List advances in margins and staging.
- Calculate a personalized risk estimate for sentinel node positivity.
- Describe immediate lymphatic reconstruction.

21:05

Current Trends in the Surgical Treatment of the Aging Face

Dr. Greg Waslen
Calgary, AB

LEARNING OBJECTIVES

Participants in this presentation should be able to learn and understand the basic principles of assessment for patients asking for facial rejuvenation. Specific techniques on blepharoplasty, and various facial flaps for facial rejuvenation will be demonstrated with slides and videos, so participants can modify their own surgical techniques to benefit their patients. Evidence will be presented to show through assessment and appropriate surgical techniques how each participant can improve their own results to have patients that are satisfied and happy with their results following facial rejuvenation. This presentation is designed for practicing Plastic Surgeons and Residents in training.

Ross Tilley Lecture & Announcement of the 2021 Tilley Scholarship Recipient

21:30

Pearls from Abroad: training with a view of the Harbor

Dr. Joshua Wong
Edmonton, AB

LEARNING OBJECTIVES

To review the lessons learned from a fellowship training in burn surgery abroad

Announcement of the 2021 Tilley Scholarship Recipient

Dr. Danny Peters
Ottawa, ON

JUNE 17, 2021

TIPS & PEARLS

18:35

How to retire – a primer for plastic surgeons

Dr. Achilleas Thoma
Hamilton, ON

**GROUP FOR THE ADVANCEMENT OF
MICROSURGERY (GAM)**

18:50 to 20:00 EDT

Learning Objectives

This session is intended to promote learning and discussion regarding microsurgical techniques. At the end of the session participants will:

- Have gained exposure to new techniques for vascularized nerve transfer for breast-cancer related lymphedema
- Have gained exposure to an option for chronic posterior interosseous nerve pain
- Have gained insight into the potential role of free functioning muscle transfers for upper extremity reconstruction.

18:50

President's Welcome: Dr. Kirsty Boyd

18:55

365 Days of Reconstruction from a Calgary Perspective "TSG-Medical 2019 Scholarship Winner Lecture"

Alex Hatchell
Kingston, ON

Learning Objectives

- Develop an understanding of the case variety and high volume caseload for the University of Calgary's Microsurgery Fellowship
- Describe several novel techniques and reconstructive options for breast, head and neck, and extremity reconstruction
- Identify the Canadian Rockies as a beautiful place to explore outside of the hospital

19:00

Axilla vs. Wrist as the Recipient Site in Vascularized Lymph Node Transfer for Breast Cancer-Related Lymphedema: A Systematic Review, Meta-Analysis and Proposed Guidelines

Yehuda Chocron
Hampstead, QC

Learning Objectives:

- Understand key outcomes in lymphedema surgery and how they impact patient care for breast cancer patients
- Appreciate the equipoise in utilizing the wrist or the axilla as a recipient site for VLNT
- Be encouraged to report lymphedema outcomes in a standardized manner

19:05

Nerve Grafting for Chronic PIN Palsy due to Radiocapitellar Joint Entrapment Two Years Following Closed Reduction of a Pediatric Monteggia Fracture-Dislocation: A Case Report with One-Year Follow-Up

Andrea Copeland
Hamilton, ON

Learning Objectives:

- Participants will be able to identify PIN entrapment in the radiocapitellar joint as a possible outcome following closed reduction of a Monteggia fracture dislocation.
- Participants will be able to describe the reconstructive options for a delayed presentation of pediatric nerve

19:10

DISCUSSION

19:15

PANEL: Free Functioning Muscle Transfers

Moderators: Dr. Kirsty Boyd, Dr. Ronen Avram

Panelists: Drs. Amy Moore and Thomas Tung

Learning Objectives:

- Participants will become familiar with the potential indications and contraindications of free functioning muscle transfers
- Participants will become familiar with the surgical techniques of free functioning muscle transfers
- Participants will become familiar with the outcomes and limitations of free functioning muscle transfers

19:50

DISCUSSION

20:10 BEYOND THE KNIFE

Deep, transformative, and tax efficient(-ish)-

Dr. Rob Harrop

Calgary, AB

**Sovereign Order of St John of Jerusalem,
Knights Hospitaller: Past, Present and Future -**

Dr. Nancy Van Laeken

Vancouver, BC

20:35

A.W. Farmer Lecture

**Prevention and management of abdominal
donor site complications**

Dr. Ron Israeli

Great Neck, NY

Breast reconstruction with tissue harvested from the lower abdominal wall has been the gold standard approach to autologous breast reconstruction since the pedicled transverse rectus abdominis myocutaneous (TRAM) flap was first popularized in the 1980's. Abdominal flaps allow

for a soft, natural breast reconstruction, and provide for favorable abdominal wall contour while avoiding the risks of implant-based approaches. Unfortunately, the benefits of breast reconstruction with abdominal flaps can be tempered by the risk of potentially challenging abdominal wall complications.

Microsurgical approaches have decreased the risk of abdominal wall donor site complications while allowing for improved vascularity of abdominal based flaps. For many surgeons specializing in breast reconstruction, deep inferior epigastric perforator (DIEP) flaps and muscle-sparing free TRAM flaps, which allow for preservation of abdominal wall muscle and function, have replaced the pedicled TRAM flap approach. While this evolution has helped minimize complications at the abdominal donor site, significant risks remain.

Abdominal wall weakness, bulging, and hernias are donor site complications specific to abdominal flap breast reconstruction. Bulges and hernias occur more frequently following pedicled TRAM flap breast reconstruction as compared to free TRAM flap and DIEP flap procedures. In this presentation, the anatomy of abdominal flap donor site contour deformities and hernias is reviewed, along with strategies for avoidance of hernias and approaches to donor site hernia repair. An approach to abdominal wall reconstruction for the correction of donor site hernias is described using a technique combining an extended mesh repair with bilateral external oblique muscle advancement flaps. Additional potentially serious complications are reviewed, including the risks of abdominal wound breakdown and umbilical loss. Selective umbilical ablation is discussed as a strategy for minimizing the risk of abdominal donor site wound problems in high-risk patients. A simple and reliable technique for umbilical reconstruction in this setting is described.

Learning Objectives:

- Participants will be able to explain the anatomy and pathophysiology of abdominal flap donor site bulges and hernias.
- Participants will be able to list approaches and strategies for the prevention of abdominal flap donor site complications.
- Participants will be able to describe an approach for the reliable repair of abdominal flap donor site hernias.

JUNE 21, 2021

CANADIAN EXPERTS

18:40

Breaking Down Competence by Design

Dr. Douglas Ross
London, ON

Medical education in general, and the training of surgeons in particular has undergone a paradigm shift from the Halstedian apprenticeship model that carried us through the 20th century to a competency based system of learning and assessment. Internationally, the Royal College of Physicians and Surgeons of Canada has been a world leader in designing and implementing competency based training with its own branded version: "Competency by Design" (CBD). Plastic Surgery in Canada has been preparing for this change and our first cohort of CBD residents entered training in July, 2020. In this talk, I will outline the history of surgical training over the past 125 years, the forces driving a change to CBD, the advantages of a CBME training curriculum, the work completed by the Specialty Committee to prepare for our launch and the challenges that still lay ahead.

Learning Objectives:

By the end of this presentation, participants will:

- Understand the underlying reasons to change surgical training in Canada to a competency based system, and
- Understand how CBD will enhance Plastic Surgery training in Canada.

18:55

Management of Orbital Fractures

Dr. Ramon Grover
Lethbridge, AB

LEARNING OBJECTIVES

Listeners / participants will be able to describe a practical approach to the clinical management of inferomedial orbital wall fractures.

19:20 –20:30 EDT (CONCURRENT WITH FACE)

CANADIAN SOCIETY FOR SURGERY OF THE HAND (CSSH)

LEARNING OBJECTIVES:

At the end of the 2021 CSSH meeting, the attendee will be able to:

1. Appreciate and understand approaches to hand trauma and reconstructive efforts
2. Learn and understand useful choices in the treatment of:
 - Nerve entrapments
 - Targeted muscle reinnervation
 - Bone deformities
 - Tendon and soft tissue repair
3. Implement technical alterations to get better result in several hand operations

Soft tissue/Tendon

19:20-1925

Latest advances in flexor tendon surgery

Don Lalonde
Saint John, NB

Learning Objectives:

At the end of this lecture the learner will be able to

- decrease his rupture rate in flexor tendon repair
- decrease his tenolysis rate in flexor tendon repair
- get consistently good results after flexor tendon repair in cooperative patients (just like in free flap surgery)

Discussion: 19:25-19:27

Ortho/Bone

19:25-19:40

Vascularized vs. non-vascularized bone grafting for scaphoid non-unions – RCT

Ruby Grewal
London, ON

Learning Objectives:

The participant will be able to :

- report clinical outcomes of vascularized bone grafting for scaphoid non-unions
- understand the role of a pilot RCT

How and when do I perform a hemi-hamate bone graft

Jennifer Giuffre
Winnipeg, MB

Learning Objectives:

- The participants will be able to identify the indications for hemi- hamate arthroplasties.
- The participants will be able to describe the technique to perform a hemi hamate arthroplasty.
- The participants will understand the potential improved outcomes in patients requiring hemi hamate arthroplasty

Most important lessons learned with APTIS DRUJ arthroplasty

Dominique Tremblay
Montréal, QC

Learning Objectives:

- At the end of this lecture, the learner will be able to understand the indications to DRUJ arthroplasty.
- Participants will be able to understand the main surgical steps and pitfalls of DRUJ arthroplasty.

Discussion: 19:30-19:43

Nerve

19:43-19:55

Targeted muscle reinnervation - things you should all know

Joshua Gillis
London, ON

Learning Objectives:

- Understand the role of targeted muscle reinnervation in the amputee patient

- Gain an approach to TMR in the management of neuroma and phantom limb pain in the upper extremity amputee

Useful things to know about somatosensory reeducation

Eva Létourneau
Québec, QC

Learning Objectives:

- At the end of this lecture the participants will be able to describe tactile hypoaesthesia and static mechanical allodynia.
- At the end of this lecture the participants will be able to identify patients that could benefit from somatosensory rehabilitation

How to make the diagnosis and treat median nerve compression at the elbow with WALANT

Jean Paul Brutus
Montréal, QC

Learning Objectives

- The participant will be able to identify lacertus syndrome, which is a very commonly missed pathology in patients with symptoms of nerve entrapment
- The participant will understand the benefit of improved outcomes when lacertus syndrome is recognized and treated in patients with double median nerve entrapment

Discussion: 19:45-20:00

Tips and Pearls/Special Interest

19:55-20:05

How will the RCPSC decide we are competent in hand surgery?

David Tang
Halifax, NS

Learning Objectives

By the end of this presentation, audience participants will be able to:

- describe the concept of an Entrustable Professional Activity (EPA) within the context of Competency-Based Medical Education in Canada.
- compare the previous residency training objectives in hand surgery to current hand surgery EPAs.
- understand the important components of a hand surgery EPA.

Experience of the 2019 CSSH Award Winner

Blair Peters

St. Louis, MO

Learning Objectives

- Participants will learn about the hand, peripheral nerve and microsurgery fellowship at Washington University in St Louis.
- Participants will be introduced to the culture of academic and clinical innovation the fellow is immersed in during this training program.
- Participants will gain an understanding of the current landscape and advances in the field of peripheral nerve surgery.

Discussion: 20:00-20:10

President's Invited Lecturer

20:05-20:30

Traumatic hand defect reconstruction

Bauback Safa

San Francisco, CA

Learning Objectives:

- Participants will be able to evaluate the soft tissue requirements of complex hand wounds
- Participants will be able to describe the advantages and disadvantages of skin vs. muscle flaps for hand reconstruction
- Participants will be able to describe scenarios in which multiple flaps or chimeric flaps may be needed in hand reconstruction

Discussion: 20:15-20:30

19:20 – 20:30 EDT (CONCURRENT WITH CSSH) FORUM FOR THE ADVANCEMENT OF CRANIOFACIAL EXPERTISE (FACE)

19:20

Welcome and Introduction

Dr. Léonard Bergeron, President

Dr. Danny Peters, Vice-President

19:25

Technology trends in craniomaxillofacial surgery

C. Petropolis

Winnipeg, MB

Learning objectives

- Participants will be able to describe how current technology has increased access to medical modelling
- Participants will be able to describe the basic process of medical modelling
- Participants will be able to understand the impact of emerging technology on craniomaxillofacial surgery

19:29 Discussion

19:31

In-house 3D printing for acute trauma

M. Bonapace-Potvin, L. Bergeron, F. Bergeron

Montréal, QC

Learning objectives:

- Attendees will develop a better understanding of the in-house workflow for preparing and printing three-dimensional prints.
- Attendees will gain knowledge about the time it takes to complete different steps and the costs incurred
- Attendees will be able to discern potential advantages to in-house three dimensional printing for acute CMF trauma and will be in a better position to determine if and how it can be implemented in their practice

19:35 Discussion

19:37

Frontal, Bitemporal Cranioplasty and Scalp Reconstruction for Ulcerative Cranial Osteomyelitis

J. Stein
Halifax, NS

Learning objectives:

Through an illustrative case description and discussion, participants will further their approach to:

- Managing chronic cranial osteomyelitis
- Scalp reconstruction in the setting of an infected cranial "Bone Flap"
- Understand the impact of immunosuppression / modulation on wound healing in the setting of composite cranial / scalp reconstruction

1940 Discussion

19:43

Old school or face transplant

K Bush
Vancouver, BC

Learning objectives:

- review management of massive facial trauma
- discuss reconstructive techniques in management of massive facial trauma
- discuss the role of facial transplant in managing massive facial trauma

19:46 Discussion

19:49

Eye Socket Contracture Following Early Childhood Enucleation and Radiotherapy

O Antonyshyn
Toronto, ON

Learning objectives:

- The participant will become familiar with the long term consequences of early childhood enucleation and EBRT (external beam radiotherapy) resulting in eye socket contracture
- The participant will gain knowledge of the preoperative evaluation of a patient with an eye socket contracture
- The participant will acquire understanding of the principles of reconstruction of the irradiated, severely contracted eye socket

19:52 Discussion

19:55

Surgical management of medial orbital wall fractures: lessons learned in my first year of practice

J. DeSerres
Edmonton, AB

Learning objectives

- Identify techniques for improved surgical exposure of medial orbital wall fractures.
- Perform surgical management of medial orbital wall fractures with improved confidence.

19:59 Discussion

20:01

Multidisciplinary management of head and neck arteriovenous malformations using a combined Onyx embolization and resection approach

TL Teshima
Markham, ON

Learning objectives:

- The audience will have a better understanding on the etiology of adult arteriovenous malformations.
- Describe a multidisciplinary curative treatment approach for arteriovenous malformations.
- Discuss the future of genetic testing and immune modulation therapy.

20:05 Discussion

20:07

Recalcitrant infraorbital fistula and ectropion secondary to maxillary keratocysts in the setting of Gorlin

G. Roumeliotis
Ottawa, ON

Learning objectives:

- Participants will learn management of ectropion
- Participants will learn about of the features of Nevoid Basal Cell Carcinoma Syndrome

20:10 Discussion

20:13

Captain, we've sprung a leak

M. Gilardino
Montréal, QC

Learning objectives:

- the learner will understand risks of a CSF leak associated with congenital encephalocele.
- the learner will understand concepts of surgical correction of encephalocele.
- the learner will understand potential neurological implications of encephalocele.

20:16 Discussion

20:45 – 21:45

YOUNG PLASTIC SURGEONS SYMPOSIUM

Panel - Masters of Disasters

Dr. E Brown, Dr. O Antonyshyn, Dr. R Israeli, Dr. T Tung

Moderator: Dr. K Davidge

Discussants: Dr. Michal Brichacek, Dr. Lisa Dickson, Dr. Julian Diaz Abele, Dr. Chris Doherty

LEARNING OBJECTIVES

The experts on the YPS Masters of Disasters panel will share difficult cases and/or postoperative complications, and how they learned from them. The learning objectives are:

- For young surgeons to understand how to approach complex cases and manage the patient relationship following a complication
- To discuss surgical pearls and perspectives that are gained from experience
- For young surgeons to have a forum to interact with experts in diverse subspecialty areas