



# CSPS NEWS

THE NEWSLETTER OF THE CANADIAN SOCIETY OF PLASTIC SURGEONS

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Spring 2021

## Message from the President



*Bing Siang Gan, MD, FRCSC*

THIS IS my final President's message. The past 15 months have been without precedent. Covid-19 has affected virtually every aspect of life on our planet. Canada has not been spared. Lockdowns, stay-at-home orders, curfews, public health directives including the mandated wearing of masks and prohibition of mingling with family and friends were measures not ever

instituted in North America. Drastically reduced social gatherings including weddings, funerals and other milestones of life. Tens of thousands of people dying lonely, from Covid or other causes, without their loved ones to comfort them. Students not allowed to attend schools with great concern for their mental health, and indeed of almost the entire society. Great political upheaval, racial tensions, discussions about climate change, change in governments and government structures in the United States, Europe, Britain and elsewhere. At times, it seemed like a perfect storm of bad things happening.

Our Society has also been forced to weather the winds of this pandemic. Last year, the Board, in what looks now like a very halting way, made the decision to cancel our Annual Meeting that was

planned for Quebec City. This was the first time in 73 years that such a decision had been made. The Board still had to comply with rules and regulations of government oversight for not-for-profit organizations, but our By-laws did not provide mechanisms to discharge those duties without the member-oversight at our annual business meeting. Board transition was postponed by a year to keep the 2019-2020 Board in place and assure continuity of the administration of the Society. The Board has been able to work around administrative constraints and, within the parameters of the existing By-laws has amended our By-laws to allow for more modern oversight of our members in future business meetings. Our By-law amendments now allow for electronic business

*Please see **President's Message**  
page 2*



### **Dr. Howard Clarke to Receive CSPS 2021 Lifetime Achievement Award**

**DR. HOWARD MARTYN CLARKE** completed his formative medical, residency, and research training at the

University of Toronto, graduating with his medical degree in 1977. He was one of the very early surgeon scientist trainees, obtaining his PhD in 1985 after completing a doctoral thesis entitled "The Microcirculation of Skin Flaps" under the supervision of Dr. Ralph Manktelow. Following his residency in Toronto, he successfully passed his Canadian fellowship exams in 1987. Dr. Clarke subsequently did clinical fellowships

in Boston and Japan before starting a staff position at the Hospital for Sick Children in 1987. He was promoted to full Professor in 2013; and has been a remarkable contributor to the Canadian landscape of Plastic Surgery. The opportunities provided by working at a single institution all of his career have enabled him to develop a robust and enviable academic career. Over a 34-year period, Dr. Clarke has honed his craft in the management of complex congenital hand anomalies, burns and cleft lip and palate.

His true mark on the international landscape of surgery has been in obstetrical brachial

plexus palsy (OBPP), as one of the pioneers of current surgical practice for infants who have sustained this injury. His interest and dedication have led to the creation of an institutional OBPP program, a robust database, the radical approach to resection and cable-grafting lesions of the infant brachial plexus, the development of the Active Movement Score with physiotherapist Chris Curtis, a bi-annual Toronto OBPP workshop and the opportunity to generously share his knowledge with generations of residents and fellows across the country and around the

*Please see **Dr. Howard Clarke**  
page 2*

## In memoriam - Dr. Alan Campbell-Moscrop



In February 2021, we lost our colleague Dr. **Alan Campbell-Moscrop**. He was a well-respected surgeon who attended medical school in England. Upon his immigration to Canada, he practiced briefly in Newfoundland before

moving to Montreal to train at McGill University as a plastic surgeon. He was a CSPS member since 1972 and practiced in Hamilton for over 40 years. Until his retirement in 2014, he was associated with St. Joseph's Hospital and McMaster University as Clinical Assistant Professor.

"CM" as he was affectionately known, was very kind to all - colleagues, patients and hospital staff. He was always very supportive of the training program, residents, and in particular, medical students. He won the Mission Legacy Award from St. Joseph's Hospital in 2007.

As he neared retirement, he opened a bed & breakfast called *Serenity Ranch* in Ancaster in 2008. *Serenity Ranch* was ranked #1 in Canada and #14 in the world in 2017. In 2020, during covid, *Serenity Ranch* was ranked #3 in Canada and #17 in the world.

"CM" will be greatly missed. The Society extends our heartfelt sympathies to his family, friends and colleagues for their loss.

### President's Message, from page 1

meetings and member involvement can proceed using multiple platforms other than the traditional in-person meeting.

When we cancelled the Annual Meeting, we fully expected that the 2021 Annual Meeting would be a boisterous spectacle of our members re-acquainting with each other with the Covid pandemic far in the rearview mirror. Alas, it was not to be and this Spring for the second consecutive year, the Board again made the decision to cancel our Annual Meeting. However, practice makes perfect, and since it had been less than a year since the last time an Annual Meeting had to be cancelled, the Board had much less problem with making the decision this year and the process was very straightforward. The program Committee switched gears almost seamlessly and next week our second Virtual annual Scientific Meeting will take

place, while the scientific presentations are now available on-line.

The Society has continued to award our usual stable of prizes and other recognitions. Lifetime achievement award winners, President's medal award winners and winners of scientific awards and grants will be recognized at our next Annual meeting. Small matters, undoubtedly, when compared to all the "big" things happening in this world, but still reasons to celebrate. With optimism, I believe that this will be in Quebec in June of 2022. It is fitting that our Society will reconvene in this historical City and I hope to see you all there.

The whirlwind development of new technology vaccines and a mass vaccination campaign that initially started hesitatingly has gathered speed and, it appears that some semblance of normalcy may be in our near future. It is with this optimistic look forward, that we all should pause and recognize that, even in the difficult times like the past year and a bit, we all belong to a very privileged segment of society. We have mostly been able to continue to treat our patients, to practice our craft and in doing so have been largely insulated from the financial and societal hardships that the less fortunate in this world have had to endure.

It has been a privilege to serve with the current Board and I would like to thank them for their dedication and hard work for our Society under difficult circumstances. I also would like to thank you for the honor of serving as your President.

### Dr. Howard Clarke, from page 1

globe. There are no cities in Canada where surgeons performing care for OBPP patients have not been trained by Dr. Clarke. His scope of influence extends globally having been involved in the training of more than 75 fellows. He has also mentored many health care providers in Rehabilitation Medicine.

While Dr. Clarke started his career with a heavy focus on basic science research continuing his interest in the microcirculation, he has transitioned to the role of Surgeon-Teacher. He consistently obtains high teaching effectiveness scores from residents and fellows and has been recognized at the highest level receiving the PAIRO Teaching award and the city-wide divisional Arnis Frieberg Teaching award. He takes great pride in watching his mentees adapt his techniques to continue to improve treatment and care for children.

Dr. Clarke harbours a strong interest in the development and evolution of the plastics specialty and the societies and institutions that guide its practitioners. He

has been actively involved in CSPS leadership, culminating in his Presidency in 2015. He also extended his political influence to the development of ICOPLAST (the International Confederation of Plastic Surgery Societies) and was their President in 2018. He is a former President of the ASPN and has been an active member in the Plastic Surgery Research Council, the Sunderland Society and the Narakas Society; and has also served as a Royal College examiner for many years.

Dr. **Howard M. Clarke** will be awarded the CSPS Lifetime Achievement Award during the President's Banquet at the next in-person CSPS Annual Meeting, on the evening of Friday, June 17, 2022 at the Fairmont Château Frontenac Hotel in Quebec City. On the same occasion, Dr. Richard Warren will receive the 2020 Lifetime Achievement Award, which has been delayed due to restrictions imposed by the Covid-19 pandemic.

### Description of the Award

Nominations for the 2022 Award will be accepted until January 19, 2022.

In addition, nominees previously proposed will be carried over for consideration.

### Purpose

This award honors an established plastic surgeon who is a member of the Canadian Society of Plastic Surgeons and has made an outstanding contribution to the profession and to the CSPS. The award will be made on the basis of teaching, research, innovation and service to the community or other endeavors. Nominees for this annual award will be reviewed by the CSPS Nominating Committee.

### Eligibility

Members in good standing of the CSPS for at least 20 years are eligible.

### The Award

The Award consists of the waiver of registration fees for the Annual Meeting in the year in which the award is bestowed and a plaque given at the annual President's Banquet.

### Nomination Procedure

The complete nomination consists of a letter from a member of the CSPS formally proposing the nominee and outlining the nominee's specific contributions to plastic surgery and to the Society accompanied by the nominee's curriculum vitae. Send nominations to CSPS Secretariat, 803 Laurier Avenue E. #2, Montreal, QC H2J 1G2, Fax: 514-843-7005; Email: [csps\\_sccp@bellnet.ca](mailto:csps_sccp@bellnet.ca), before January 19, 2022.

# Congratulations to 2021 CSPS Scientific Award Winners! Calling all Historians

THE CANADIAN Society of Plastic Surgeons and the Educational Foundation of the CSPS are pleased to announce the winners of the 2021 Scientific Presentation Awards.

All submissions including these award-winning presentations are available to view on the CSPS password protected area (<https://www.plasticsurgery.ca/scientific-program/signup>) and through the 74<sup>th</sup> Annual Meeting and 2<sup>nd</sup> Virtual Scientific Program portal ([www.csp21.com](http://www.csp21.com)). We encourage everyone to register for access to the presentations and posters.

In this unprecedented time, we are grateful to all those who answered the CSPS invitation to submit their studies to this new, online scientific experience and to those who have registered to view the presentations.

Our sincere congratulations to the prize winners!

Carolyn Levis, MD, FRCSC  
Vice-President and Program Chair, CSPS

Rob Harrop, MD, FRCSC  
President, Educational Foundation of the CSPS

## JAMES F. MURRAY AWARD FOR EXCELLENCE IN HAND SURGERY

Dr. Fanyi Meng, McGill University, *Patient-reported quality of recovery after local anesthesia and brachial plexus block in hand surgery: a prospective randomized controlled study*

## RESIDENTS CORNER COMPETITION BASIC SCIENCE CATEGORY

**1<sup>st</sup> Prize:** Dr. Jenna-Lynn Senger, University of Alberta, *Strategies to Optimize Functional Recovery in a Distal Nerve Transfer*

**2<sup>nd</sup> Prize:** Dr. Olivier Larrivé, Université Laval, *Tissue engineered nerve graft for the repair of peripheral nerve gap*

## CLINICAL STUDY CATEGORY

**1<sup>st</sup> Prize:** Dr. Karen Chung, University of Toronto, *Health utilities from children with cleft lip and/or palate in Ethiopia: A cross sectional study*

**2<sup>nd</sup> Prize:** Dr. Kevin Zuo, University of Toronto, *Outcomes of Pediatric Dynamic Facial Reanimation after Two Decades*

## INNOVATION CATEGORY

**1<sup>st</sup> Prize:** Dr. Rakesh Gudimella, Dalhousie University, *Upper extremity agonist-antagonist myoneural interface improves force matching accuracy compared to standard transradial amputation*

**2<sup>nd</sup> Prize:** Dr. Émilie Robertson, University of Alberta, *Introducing automation in virtual surgical planning for unicoronal craniosynostosis*

## RESIDENTS POSTER COMPETITION

**1<sup>st</sup> Prize:** Dr. Catherine Landells, University of Calgary, *Presurgical infant orthopedic appliances for patients with cleft lip and/or palate do not impair facial growth: A systematic review*

**2<sup>nd</sup> Prize:** Dr. Todd Dow, Dalhousie University, *Acrometastasis to the hand: A systematic review and meta-analysis of 641 cases.*

## MEDICAL STUDENT POSTER COMPETITION

**1<sup>st</sup> Prize:** Ruchit Patel, *Comparing Post-Surgical Outcomes of Pre-Pectoral versus Dual-Plane Direct-to-Implant Breast Reconstruction Without Increasing the Use of Acellular Dermal Matrix*

**2<sup>nd</sup> Prize:** Hamid Nessek, *Volar plate avulsion fracture in children*

Dr. Leith Douglas' book on the History of Plastic Surgery was published over 30 years ago so there is a lot to record since then! To bring this history up to date, additional materials on the history of Plastic Surgery in Canada are needed.

To document the history of our society, we are interested in biographies of all living members and obituaries of deceased members, accounts of the regional development of the society and any previously published articles.

If you have good quality photos of previous meetings of the society to which captions and dates can be provided these would be very interesting to include. If you would like to contribute a summary of the development of a noteworthy program in Canadian plastic surgery, this too would be of interest.

To store and make this information available to members, a dedicated section of the members only zone of the website will be created and maintained.

If you have any other ideas and would like to participate, please contact Steve Morris with any questions or contributions: [sfmorris@dal.ca](mailto:sfmorris@dal.ca); 902-473-7054. Thanks!

**Register for  
the exciting  
CSPS 74th  
Annual  
Meeting and  
2nd Virtual  
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Program  
June 14, 17 &  
21 at  
[www.csp21.com](http://www.csp21.com)**

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