National PGY-1 Plastic and Reconstructive Surgery Bootcamp



DAY 1

July 28, 2027

Time	Session
7:00 AM	Breakfast
8:00 AM	Welcome and Pre-Test
9:00 AM	Wound Healing and Dressings 101
10:00 AM	Coffee Break
10:15 AM	Burns: Assessment and Resuscitation
11:30 AM	Soft-Tissue Emergencies: Necrotizing Infections and Frostbite
12:00 PM	Lunch
1:00 PM	Skin Grafts Lab
1:30 PM	Local Flaps Lab
4:00 PM	Suturing and Knot-Tying Lab
4:30 PM	Pedicled and Free Flaps Lab

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DAY 2

July 29, 2027

Time	Session
7:00 AM	Breakfast
8:00 AM	Breast Anatomy and Physical Exam
8:45 AM	Breast Reduction: Planning, Markings, and Approaches
10:15 AM	Coffee Break
10:30 AM	Breast Reconstruction: Implants, Expanders, ADM, and ERAS
12:00 PM	Lunch
12:45 PM	Craniofacial Anatomy and Physical Exam
1:30 PM	Craniofacial Fractures: CT Review and Plating Workshop
3:30 PM	On-Call Emergencies: Facial Trauma

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DAY 3

July 30, 2027

Time	Session
7:00 AM	Breakfast
7:30 AM	Hand Anatomy and Physical Exam
8:30 AM	Hand Fractures: Common Patterns
9:15 AM	Coffee Break
9:30 AM	Local Blocks
10:00 AM	Hand Fractures Lab: Reductions, K-Wires, Casting, and Splinting
11:45 AM	Lunch
12:15 PM	Flexor and Extensor Tendon Repair Lab
1:45 PM	On-Call Emergencies: Hand Infections, Amputations, and Compartment Syndrome
3:00 PM	Wrap-up and Post-Test
6:45 PM	Social and Dinner