

# CSPS NEWS

THE NEWSLETTER OF THE CANADIAN SOCIETY OF PLASTIC SURGEONS

Vol. 33, No. 1 Summer/Fall 2022

### Message from the President



Steven Morris, MD, FRCSC

It is a great honor to serve our Society as the 76<sup>th</sup> President. First, I would like to thank Past President Dr. Carolyn Levis who organized the two virtual Canadian Society of Plastic Surgeons annual meetings in 2020 and 2021 and went on to become President "virtually". She has done an amazing job to maintain our society in

challenging times and has done so with great poise and humor.

The first in-person CSPS annual meeting since 2019 was held in Quebec City in June. This was also our first "hybrid" meeting, and was an enormous success. There were certainly many questions in the lead up as to whether it would be possible to meet in person, or whether members would be able to attend and the logistical challenges of a hybrid meeting. Finally, it all worked well with excellent attendance, great speakers and an excellent social program. I would like to thank Dr. Céline Roberge and Dr. Catherine Lecours for hosting this outstanding meeting.

The caliber of talks at the meeting was universally excellent. Some of the highlights included Dr. Brian Day's presentations as the CSPS guest speaker including "Medicare in Canada- the truth.

the whole truth and nothing but the truth"; Dr. Linda Cendales' AW Farmer lecture on "Firsts"; Dr. Amanda Fortin's Meet the Professor talk on "Academic or non-Academic, that is the question." Thanks to the five Canadian experts who gave superb talks: Dr. Leo Bergeron, Dr. Earl Campbell, Dr. Céline Roberge, Dr. Joan Lipa, Dr. Rick Warren. There were well attended Eve Opener sessions on Cross Country remuneration models, chaired by Dr. Ronan Avram and breast implant illness moderated by Dr. Nick Carr. The Educational Foundation focus on transgender care was presented by Dr. Pierre Brassard, Dr. Bill Kuzon, Dr. Alexi Laungani and Dr. Maud Belanger.

In addition, there were successful sub-specialty meetings of

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### Dr. Ken Wilson - CSPS 2022 Lifetime Achievement Award



Dr. Kenneth Wilson has been a surgeon, educator and leader in pediatric plastic surgery since 1983. He is best known for his work in cleft lip

and palate repair in the Maritimes and internationally. He has held important leadership roles such as chief of surgery at the IWK Children's Hospital and Dalhousie plastic surgery residency program director. He has been a mentor to scores of students and residents over his 30 year career. He loves to get to know his learners and treats

them as extended family taking fatherly pride in their accomplishments. He is an exemplary role model, particularly as a professional, a communicator, and a collaborator.

Dr. Wilson's career-long passion has been providing care for children with cleft lips and palates. He has volunteered with Operation Smile as a surgeon and team leader since 1995, and this work has taken him around the world numerous times

Dr. Wilson has been recognized for his contributions previously through the Dr. John Savage Memorial Award in International Health in July 2004, the Queen Elizabeth II Diamond Jubilee Medal in February 2013, the Operation Smile Lifetime Achievement Award in April 2013, and the Doctors Nova Scotia Distinguished Service Award in 2014.

Ken has been active in the CSPS as well, serving from 1991 to 2001 on the Board of the CSPS Educational Foundation of which he was President from 1999 to 2001. On the Board of the Canadian Society of Plastic Surgeons Dr. Wilson served at Public Relations Chair and as Vice-President Elect.

Despite all of his achievements, Dr. Wilson is a very humble man. He is much loved at the IWK Children's Hospital and has been greatly missed since his retirement in June of 2015.

### **Annual Business Meeting**

#### **Board of Directors**

The Board of Directors was elected at the Annual Meeting of the CSPS in June: President, Dr. Steven Morris (Halifax); Vice-President Dr. Earl Campbell (Calgary); Vice-President Elect: Dr. Nick Carr (Vancouver); Secretary-Treasurer: Dr. Frankie Fraulin (Calgary); Historian, Dr. Michael Morhart (Edmonton); Membership Committee Chair, Dr. Dominique Tremblay (Montréal); Director, Dr. Jennifer Giuffre (Winnipeg); Director, Dr. Mirko Gilardino (Montréal); and Public Relations Committee Chair, Dr. Kirsty Boyd (Ottawa).

Board observers are: Local Arrangements Chairs, Dr. Sheina Macadam (Vancouver), Dr. Chris Doherty (Vancouver): Royal College Specialty Committee Chair, Dr. Carolyn Levis (Hamlton); Educational Foundation Delegates, Dr. Frankie Fraulin (Calgary) and Dr. Amanda Fortin (Sudbury); Young Plastic Surgeons Committee Chair, Dr. Michal Brichacek (Winnipeg).

2022-2023 Nominating Committee: Drs. Gilles Beauregard (Montréal) and James Bain (Hamilton) were selected to serve along with Past Presidents Drs. Carolyn Levis (Hamilton), Chair Bing Siang Gan (London), and Rob Harrop (Calgary).

By-Law Amendments: The CSPS By-Law amendments proposed by the Board of Directors and previously circulated to the membership were approved by the Annual General Meeting (AGM).

New Society Members accepted at this year's meeting are: Active Membership: Drs. Parseh Bakirtzian (Saint-Charles-Borromée, QC), Élie Boghossian (Montréal, QC), Chris Coroneos (Hamilton, ON), Matthew Curran (Edmonton, AB), Peter Davison (Montréal, QC), Daniel Demsey (Sudbury, ON), Stephanie Dreckmann (Richmond Hill, ON), Rayisa Hontscharuk (Toronto, ON), Anne-Julie Labrecque (Saguenay, QC), Matthew Laschuk (Windsor, ON), Antoine Lessard (Québec, QC), Graham KcLeod (Campbell River, BC), Christine Nicholas (Milton, ON), Jessica Shih (Waterloo, ON), Andrew Simpson (London, ON), Miliana Vojvodic (Waterloo, ON), Monica Yu (Barrie, ON).

Honorary Membership: Dr. Linda Cendales, Durham, NC; Dr. Brian Day, Vancouver, BC.

Future Annual Meetings: 2023: Whistler, BC; 2024: Halifax, Nova Scotia

Carolyn Levis MD, FRCSC, (Hamilton) Past President

### Report from the President 2021-2022

I WOULD LIKE to begin by thanking the administrative staff for CSPS, Karyn Wagner and Irene Iaguzzi who have managed our day-to-day operations with professionalism and efficiency this year and over the past 2.5 years as the COVID pandemic raged in the fore- and backgrounds. It has been a pleasure and privilege to work with them and the work of President is only possible because of them.

My thanks as well to the Executive Committee and to the Board for their time, wisdom, and guidance during my presidency.

### **Annual Meeting**

We were delighted to be IN person for the 75th Annual meeting of the CSPS in Quebec City in June 2022. Going forward,

this meeting will be referred to as the Annual Scientific Meeting with further explanation is included below under the discussion of CSPS bylaws.

The program committee under the leadership of Dr. Steve Morris and supported by CSPS Administration, worked tirelessly to organize a diverse and exciting program. We also acknowledge the work of local hosts, Celine Roberge and Catherine Lecours who have assisted with arrangements in Quebec City. After CSPS 2020V(virtual) and 2021V (denoted as virtual meetings), we are very pleased with the response to the IN-PERSON meeting. The meeting is considered HYBRID in

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### Dr. Oleh Antonyshyn -2022 CSPS President's **Medal Recipient**



2022 CSPS President's Medal was presented to an extremely deserving member, Dr. Oleh Antonyshyn at the June 17th President's Banquet at the CSPS Annual Meeting in Quebec City. The President's Medal recognizes a CSPS

member who, at any stage of his or her career, has made an extraordinary contribution to the betterment of the plastic surgery specialty. The recipient is selected by the current CSPS President and two immediate past presidents.

Oleh Antonyshyn is a Professor in the Division of Plastic Surgery at the University of Toronto, with a subspecialty practice in craniomaxillofacial surgery. He completed his residency at the University of Western Ontario and 4 years of fellowship training in craniofacial surgery.

Dr Antonyshyn practiced at Dalhousie University following which, he became Head of the Division of Plastic Surgery, at Sunnybrook Hospital in Toronto, establishing Craniofacial Programs in both

Dr. Antonyshyn has trained dozens of residents during his more than 3 decades of practice and there are "Antonyshyn Fellows" all over Canada, as well as Ireland, Germany, Israel, and the United States to name a few.

On the 21st of November in 2013, the Maidan Uprising began as a wave of demonstrations and civil unrest in Ukraine. These protests in Kyiv were sparked by the Ukrainian government's sudden decision not to sign the European Union Agreement, and to choose instead closer ties to Russia. The protests led to violent attacks by police with hundreds of injuries. By January 2014, demonstrations had spread to eastern Ukraine. Pro-Russian protestors moved into the parliament in Crimea and shortly thereafter, Russian forces, assumed full occupation in the peninsula.

Oleh grew up in the Ukrainian community in Toronto amongst other expatriates who came to Toronto to raise their families in Canada. With the uprising in Ukraine and the occupation of the east by Russia both of which resulted in hundreds

### Congratulations to 2022 CSPS Scientific Educational Foundation **Award Winners!**

THE CANADIAN Society of Plastic Surgeons and the Educational Foundation of the CSPS are pleased to congratulate the winners of the 2022 Scientific Presentation Awards.

### RESIDENTS CORNER COMPETITION BASIC SCIENCE CATEGORY

1st Prize: Dr. Jenna-Lynn Senger, University of Alberta, A direct comparison of targeted muscle reinnervation (TMR) and regenerative peripheral nerve interfaces (RPNI) to prevent neuroma pain. Coauthors: A Thorkelsson, M Rajshekar, M Chan, B Kerr, C Webber

2<sup>nd</sup> Prize: Dr. Stefan Padeanu, Université de Montréal, An anatomical study of renous valves in upper and lower extremity flaps. Co-authors: MC Medor, D Grabs, E Boghossian

#### CLINICAL STUDY CATEGORY

1<sup>st</sup> Prize: Dr. Xiya Ma, Université de Montréal, Intraoperative vasopressor use in replantation surgery is an independent risk factor for decreased replant survival. Co-authors: L Zhu, A Gélinas, J Li, B Mastropasqua, JC Lin

2<sup>nd</sup> Prize: Dr. Karen Chung, University of Toronto, The impact of scaling up palate surgery and speech care across Ethiopia: A cost-effectiveness analysis using dynamic microsimulation resource constraint models. Co-authors: D Naimark, M Eshete, G Gebretekle, C Forrest, S Beate

### INNOVATION CATEGORY

1st Prize: Dr. Mark Shafarenko. University of Toronto, Development and validation of a novel augmented reality Kwire fixation simulator. Co-authors: J Qiu. T Wright, J Catapano, S Hofer, B Murphy

2<sup>nd</sup> Prize: Dr. Annie Wang, University of Toronto, Using facial recognition technology to determine the most effective procedures for facial feminization surgery. Co-authors: D Lee, K Zuo, C Forrest

### RESIDENTS POSTER COMPETITION

1st Prize: Dr. Maria Medor, Université de Montréal, "How Big is too Big" Exploring the relationship between breast implant volume and post-operative complication  $rates\ in\ women\ undergoing\ primary\ breast$ augmentation. Co-authors: G Bouhadana, I Churchill, T Hemmerling, D Borsuk, V Papanastasiou.

2<sup>nd</sup> Prize: Dr. Jacques Zhang University of British Columbia, Phonebased hand therapy platform for patients requiring hand physiotherapy: Randomized controlled trial on effectiveness and patientreported satisfaction. Co-authors: S Grey, T Sairi, A Seal

2<sup>nd</sup> Prize: Dr. Zack Zhang, University of British Columbia, Breast implant sizer practice pattern amongst Canadian plastic surgeons. Co-authors: M Carr, N Carr, P Lennox

#### STUDENT POSTER MEDICAL COMPETITION

1st Prize: Isbella Churchill, University Immediate lymphatic of Ottawa. reconstruction in breast cancer patients undergoing axillary lymph node dissection. Co-authors: M Médor, DD Pereira, A Mussie, M Momtazi

2<sup>nd</sup> Prize: Bret Ponich, University of Calgary, Necessity of temporal artery biopsy for giant cell arteritis: A systemic review. Co-authors: R Hartley, A-S Lafreniere, C Temple-Oberle

## Grants Awarded in 2022

FOR THE YEAR 2022, the Educational Foundation of the CSPS awarded two grants in the amount of \$10,000 each to fund scientific research by CSPS members and residents/fellows.

Université de Montréal Fellow Dr. Marion Aribert, sponsored by Dr. Alain Danino, received the award for her research on the subject of  ${\it Effectiveness}$  of indicationsfor patient transfers to a single specialzed center for upper limb reimplantation, draining a vast geographical area.

A second grant was awarded to McMaster University Resident Dr. Lucas Gallo sponsored by CSPS member Dr. Christopher Coroneos for research entitled Closed incision negative pressure therapy following autologolus abdominal tissue breast reconstruction: A pilot randomized control trial.

### CSPS 2022 Challenge Mug - The Win Goes to **University of Manitoba**



The University of Manitoba emerged victorious in this 18th edition of the CSPS Challenge Mug Competition. They were able to name the OR tunes submitted by Canadian plastic surgery training programs and curated by the 2021 Mug champions at McMaster University.

The U of Manitoba winners will be responsible for the 2023 Mug Challenge to be held in Whistler, BC on Thursday, June 15th.

CSPS 2023 Annual Meeting

From June 13 to 17, 2023 the CSPS will meet at the Fairmont Château Whistler in Whistler, BC.

### **RESERVE YOUR ACCOMMODATIONS BEFORE MAY 11, 2023**

Online reservations can be made at https://book.passkey.com/go/0623CSPS or by calling 604-938-8000 (800-441-1414) and mentioning the id code: 0623CSPS

### In memoriam - Nancy McKee, MD, FRCSC



DR. NANCY McKee passed away in the company of her family in the early hours of August 1st, 2022 at age 75. She was a Canadian Society of Plastic Surgeons member since 1978 and in 2017 was awarded the CSPS Lifetime

Achievement Award.

Dr. McKee graduated from the University of Toronto Medical School in 1970 and after doing an internship at the Royal Victoria Hospital in Montreal she started her residency in Plastic Surgery at the University of Toronto under the tutelage of Dr. W.K. Lindsay. Nancy obtained her fellowship in 1976 and then did a prestigious 4-year Medical Research Council of Canada Research Fellowship under the supervision of Dr. Ralph Manktelow.

Nancy was influenced by the growing trend of microsurgery and with Drs. Ralph Manktelow and Ron Zuker helped to create the city's first replantation team. Her interest in microvascular surgery led to her performing the first penile replantation in Canada in 1980. Her interests in research and the pursuit of academia started early and remained an undying passion with Nancy. In that era, the concept of the Surgeon-Scientist was in its embryonic state and Nancy's career trajectory is a testament to its importance in academic surgery.

Nancy started her staff appointment as the first divisional female member at the University of Toronto in 1979 and the sole staff plastic surgeon at Mount Sinai Hospital for her career. She was promoted to full Professor in 1993. Her lab was focused on the physiology of skeletal muscle. In her typically idiosyncratic and creative manner, she maintained several unique staff cross appointments in both the University of Toronto School of Physical and Health Education (since 1988) and the Department of Kinesiology at the University of Waterloo (since 1997). In this way, she was able to expand the horizons of our specialty and develop collaborative and fruitful relationships with groups that don't routinely cross the path of the Plastic and Reconstructive surgeon. Most notably she was integral in the success of several Surgeon-Scientist trainees including Dr. Bill Kuzon, Dr. Howard Clarke, and Dr.

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### In memoriam - John Taylor, MD, FRCSC

 $\label{lem:excerpted} Excerpted from: www.uoftplasticsurgery.ca/sadnews-dr-john-robert-taylor/$ 



DR. JOHN ROBERT TAYLOR passed away on April 20th, 2022. John was an integral member of the division for many years and instrumental in assisting with Arnis Freiberg's Resident Aesthetic Program in its early years.

John was born in Kirkland Lake, Ontario and received his medical degree from Queen's University in 1963. Following his internship at St. Michael's Hospital, John worked in general practice in Apsley, Ontario and was on staff at Peterborough General Hospital. John travelled to Malaysia where he was Medical Officer in Kuala Lipis and then Team Captain for the Canadian Team, Care-Medico from 1965-67. In 1971, John completed his Fellowship in Plastic Surgery at the University of Toronto and joined Etobicoke General Hospital on July 19, 1973.

John held many leadership positions during his career including President of the Canadian Society of Plastic Surgeons (1996), President of the Canadian Society of Aesthetic Plastic Surgery from 1992-93 as well as a member of the Nucleus Committee of Plastic Surgery at the Royal College of Physicians and Surgeons of Canada from 1992-96. John also held Chairman positions on the Ethics Committee ASPRS, CSPS and SCAPS from 1995-96 as well as the Secretary-Treasurer of the Canadian Association for the Accreditation of Ambulatory Surgical Facilities.

John continued to work at Etobicoke General Hospital but in 1999 slowed down from an active member of the Department of Surgery to doing surgical assisting. During this time, he authored a book, *The Patient's Guide to Cosmetic Surgery*. John was recognized by receiving several awards including the Queen Elizabeth 25th Anniversary Medal in 1977 and the Canadian Distinction Award in 1988.

In the spring of 1993, John Taylor was instrumental in launching *Plastic Surgery*, the official journal of the Canadian Society of Plastic Surgery, the Canadian Society for Aesthetic (Cosmetic) Surgery, *Groupe pour l'Avancement de la Microchirurgie Canada* and Canadian

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### In memoriam - Waldo Stavraky, MD, FRCSC



Dr. Waldo Stavraky became a CSPS member in 1967. He passed on April 18, 2022 at the age of 87. He was born in New Jersey and went at a young age to London, Ontario where he studied medicine at

UWO graduating in 1958. He trained in surgery under Angus McLachlin receiving his fellowship in general surgery in 1963. In London England, he studied plastic surgery at Mt. Vernon Hospital toward his fellowship in Plastic Surgery in 1966. Dr. Stavraky was a clinical associate professor of surgery at UWO. His major interests in plastic surgery were in head and neck malignancies

He was a quiet, reserved man whose loyalty to and affection for his classmates remained strong all his life. He loved and was a highly proficient photographer both on land and under the sea. He loved aeroplanes and even before he learned to fly made many expert models of World War II planes. Later, with his pilot license he visited among other places Grand Turk, Grand Cayman and the Bahamas. He shared his love of Lake Temagami with his children and grandchildren on the family island. He was happiest in his time with his family and undoubtedly would say that his children and grandchildren were his greatest joy and pride. His three children and five grandchildren are his greatest legacy.

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### CSPS NEWS

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Editor: Karyn Wagner

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Contributed by Mirko Gilardino, MD, FRCSC, FACS (Montréal)

### In memoriam - Gaston Schwarz, MD, FRCSC



Dr. Gaston Schwarz became a member of the CSPS in 1979 and passed away on January 20, 2022.

Dr. Schwarz was an active member and loyal supporter of the McGill University Plastic Surgery Division for

over 50 years. He began his academic career at McGill in October 1971 following completion of his prestigious fellowship with Dr. Ralph Millard in Miami. He was a pioneer in many ways, introducing live surgery teaching to the field of plastic surgery in 1983 – now a routine educational tool for all surgical meetings. He was also one of the first surgeons to open a private operative facility in Montreal, and was integral in the establishment of safety standards for private clinics and the current certification process. His private clinic, up until his retirement in 2021, was an essential aesthetic surgery teaching site for our McGill Plastic Surgery residents for 40 years, and countless trainees have learned from his massive surgical experience.

From early in his career, Dr. Schwarz became an icon internationally in plastic surgery. He operated in numerous countries including Peru, Bolivia and Brazil, proudly carrying the McGill flag and providing charitable care to patients in need. His international reputation and work essentially placed Canada on the map for aesthetic surgery. His leadership in cosmetic surgery was recognized by his presidency of the Canadian Society of Aesthetic Plastic Surgeons and later his impact on the field commemorated with a Lifetime Achievement Award from the Quebec Society of Plastic Surgeons.

As a graduate of our program, and someone who went on to work with Dr. Schwarz on faculty, I can attest to what all of us remember about him—he was warm, caring and generous. He loved his work and it showed. He always made residents and students feel welcome and taught with conviction. His love for his work as a plastic surgeon was overshadowed, however, by his inspiring love and pride for his family. He was a loving husband and a caring father. Indeed, he was a mentor to many of us in how to live life to its fullest—both in our careers and private lives.

Although we are all as an academic family deeply saddened by his passing, his

legacy and impact on us and our Division will remain eternally. His family has expressed a commitment to commemorating his career and honouring his contribution to McGill Plastic Surgery. To that end, a fund has been established in the Division of Plastic Surgery at McGill University in memory of Dr. Gaston Schwarz: https://www.alumni.mcgill.ca/give/index.php?new=1&allocations=08606.

## **CSPS 2023 Lifetime Achievement Award**

#### Purpose

This award honors an established plastic surgeon who is a member of the Canadian Society of Plastic Surgeons and has made an outstanding contribution to the profession and to the CSPS.

The award will be made on the basis of teaching, research, innovation and service to the community or other endeavors.

Nominees for this annual award will be reviewed by the CSPS Nominating Committee.

#### **Eligibility**

Members in good standing of the CSPS for at least 20 years are eligible.

The Award

The Award consists of the waiver of registration fees for the Annual Meeting in the year in which the award is bestowed and a plaque given at the annual President's Banquet.

### Nomination Procedure

The complete nomination consists of a letter from a member of the CSPS formally proposing the nominee and outlining the nominee's specific contributions to plastic surgery and to the Society accompanied by the nominee's curriculum vitae.

Send nominations to CSPS Secretariat, 803 Laurier Ave. E. #2, Montreal, QC H2J 1G2, Fax: 514-843-7005 csps\_sccp@bellnet.ca, **before February 15, 2023**.

## Membership application deadline

The deadline for submission of membership applications and letters of nomination to the Membership Committee is April 16, 2023.

New members are accepted into the Society upon a vote of the members present at the Annual Business Meeting. This meeting will take place on Friday, June 16, 2023 at the Fairmont Château Whistler

New members will receive their certificate at the President's Banquet that evening.

Application forms are available on the CSPS website (www.plasticsurgery.ca) and from the Society Secretariat CSPS/SCCP, 803 Laurier Ave. E. #2, Montreal, QC H2J 1G2, telephone: 514 - 843-5415; Fax: 514 - 843-7005; csps\_sccp@bellnet.ca.

## Visiting professor funding available

Visiting professor funding is available through the Educational Foundation of the CSPS.

The maximum amount per individual is Cdn\$2,000 to cover travel expenses, hotel accommodations and honorarium. Funds will be allocated with priority given to a professor visiting more than one center.

Application for funding may be made by contacting the Educational Foundation of the CSPS, 803 Laurier Ave. E. #2, Montreal, QC H2J 1G2 (Phone: 514-843-5415; Fax: 514 - 843-7005; e-mail: csps\_sccp@bellnet.ca).

## Transfer to Senior member status

CSPS MEMBERS WHO have reached their sixtieth birthday are eligible to request transfer to Senior Member status.

Society By-Laws define Senior Members as: "...Active Members who, on attaining their 60th birthday, may apply in writing to transfer to this category. They shall retain a vote, but may not hold office. They will not pay annual dues, but will pay convention subscription on attendance. Sick or disabled members may also apply for transfer to this category."

Senior Associate Members "...shall be non-voting members and may not hold office. They will not pay annual dues, but will pay convention subscription upon attendance."

To request transfer please address a short note to CSPS/SCCP, 803 Laurier Ave. E#2, Montreal, QC H2J 1G2, Fax: 514-843-7005; csps\_sccp@bellnet.ca.

### **Dr. John Taylor,** from page 4

Society for Surgery of the Hand and the first journal of its kind for the Canadian plastic surgeons. John wrote editorials for the journal for many years and now in its 4th decade, this journal has grown and developed into a national identity of sorts. John has had a strong interest in the history of the Canadian Society and has written about Fulton Risdon, Hoyle Campbell and Ross Tilley, helping to maintain their place and role in creating the fabric and pedigree of our specialty.

I remember John as a highly intellectual and erudite individual who remained passionate about progressing the profile of the speciality to the highest level. I recall him taking me to the American Society of Aesthetic Plastic Surgery in Orlando when I was a resident and taking me on a side trip (my one and only) to visit Disney World. He was very thoughtful and wanted me to be sure I had a memorable experience.

### Dr. Nancy McKee, from page 4

Joel Fish all of whom have risen to high levels of prominence in the academic arena of Plastic and Reconstructive Surgery.

Nancy's lifelong research interest was focused on skeletal muscle and peripheral nerve. This evolved from important work examining the pathophysiology of free functioning muscle transfers and ischemiareperfusion injury and extended into the world of composite vascularized allotransplantation. Her CV demonstrates a remarkable fortitude and dedication to the pursuit of basic science and academia with 89 peer-reviewed publications, 15 book chapters, over 150 scientific presentations and 27 invited lectures. She has an unparalleled track record of peer reviewed funding extending from 1976 to 2011. She was a member and staunch supporter of the University of Toronto Institute of Medical Sciences since 1982 and the number of students mentored runs into the several dozens.

Nancy retired in June 2016 after 37 years in practice as faculty in the Division of Plastic and Reconstructive Surgery representing our specialty as an "n of 1" at Mount Sinai Hospital. She had a remarkable and rich career as the first female surgeon to join the division. Her broad clinical interests covered the gamut of reconstructive surgery but her focus and true love was hand surgery. In this day of crowded and jammed clinics, she was unique in spending whatever time was necessary with a patient, often extending over an hour. She functioned as surgeon, therapist and sometimes psychiatrist for her patients. Until the end of her career, she continued to engage in basic science research projects

and mentor students from medical and allied health disciplines. Her enthusiasm for attempting to uncover the potential of any student she interacted with never waned.

Nancy's contributions to the research profile and well-being of the Division of Plastic, Reconstructive and Aesthetic Surgery cannot be overstated. At a local level, for years she continued to run research supper clubs at her house allowing opportunities for the research community here at the University of Toronto to get together in a collaborative and collegial fashion. Nancy was a lifelong supporter of the Plastic Surgery Research Council and brought this remarkable meeting to Toronto in 1992 where she was the Chair. She had an unprecedented track record of attending the Canadian Society of Plastic Surgeon's annual meetings.

Generous, collaborative, broad-minded, idiosyncratic, sensitive, maternal, innovative, loyal and dedicated. These are terms that come to mind when one reflects on Dr. Nancy McKee and her career. It is safe to say that her investments in the field of Plastic and Reconstructive Surgery have enriched and fostered the specialty.

Nancy's outstanding and remarkable career in Plastic and Reconstructive Surgery at the University of Toronto was recognized in 2016 with the Chair's Lifetime Achievement Award and by the Canadian Society of Plastic Surgeons with the Lifetime Achievement Award in at the annual meeting in 2017.

In 2021, the Dr. Nancy HMcKee Chair's Priority Fund was established by her husband Toby Condliffe and their three children Keith, Elizabeth and Judy to honour Dr. McKee's remarkable career as a clinician, surgeon-scientist, teacher, mentor, advocate and cherished member of the Division of Plastic, Reconstructive and Aesthetic Surgery and support education and research in the reconstructive surgical arena. It was an honor to use this fund to support the First Annual Nancy McKee Lectureship which was delivered by her close friend and peer, Dr. Susan Mackinnon.

### President 's Message, from page 1

CSSH (Canadian Society for Surgery of the hand), FACE (Forum for Advancement of Craniofacial Expertise), YPS (Young Plastic Surgeons Symposium) and GAM (Group for the Advancement of Microsurgery). The breadth of our specialty and the expertise of our Canadian group was on full display throughout the meeting. The planning for next years' meeting in Whistler, BC June 13-17 is already underway with Scientific Program Chair and Vice President Dr. Earl Campbell.

Over the past two years, Covid-related restrictions have forced our society to adapt

to a virtual existence which required a significant change to the By-laws of the society. A committee expertly chaired by Dr. Howard Clarke took a very close look at every word in the previous By-laws and revised them to allow the CSPS to function virtually and comply with the requirements of a not-for-profit entity. In addition, language related to gender and other historical issues in the By-laws were substantially improved. These By-law amendments were approved at the business meeting in Quebec in June.

We continue to update and improve the CSPS website. Given the increasing demand for transgender care in Canada, we are currently working to add information to the website regarding plastic surgical care for the transgender community in Canada. Other ideas for improvements to the website are always welcome. Members are encouraged to contact our Director responsible for the website Dr. Jennifer Giuffre with suggestions.

With the recent loss of our two prominent and cherished members Dr. John Taylor and Dr. Nancy McKee, we are reminded of the importance of recording the history of our Society. We continue to collect historical information so if you are able to contribute, please contact us.

Finally, I would like to thank Ms. Karyn Wagner and Ms. Irene Iaguzzi for keeping our Society office running smoothly particularly over the last two years which have been difficult for so many. Now that we seem to be emerging from the many restrictions let's hope that things get back to normal soon. Best wishes for the coming year and let's make the Whistler meeting a great success!

### President's Medal, from page 2

of casualties, Oleh was moved to help.

In April 2014, Oleh travelled to Ukraine, leading a Medical Needs Assessment team to assess the capacity to manage trauma from this bloody conflict. The team visited over 20 medical sites to identify the infrastructure and met with local surgeons to determine the most urgent needs.

Since then, he has led 6 Canadian surgical missions to various parts of Ukraine, to provide consultation, education and surgical training, to allow Ukrainian surgeons to perform similar procedures independently. He and his team have performed over 200 reconstructive procedures for both civilian and military war casualties, restoring health and function to many Ukrainians.

Feb 2016, he received the *Order of Merit* from the president of Ukraine, and in November 2018, he was awarded the *Meritorious Service Medal* by the Governor

General of Canada for his contributions.

Sadly, in February 2022, Russian president Vladimir Putin ordered an attack on Ukraine which continues today. Once again Oleh committed himself to organizing a team of medical personnel who would provide care to the injured. Countless more hours were spent researching options and overcoming new challenges. When it was apparent that Ukraine would not be a safe destination, Oleh looked elsewhere where barriers were lower and worked through the logistics of a mission to Poland where the patient casualties would be transported for care. Though temporarily thwarted by the Russian attacks near the border, Oleh continued to push on and he has just now returned from Poland with the first postpandemic mission to treat the casualties from the ongoing conflict.

Dr. Oleh Antonyshyn has given of himself and by example, encouraged others to do the same to provide the surgical expertise he has gained in Canada to help hundreds in war-torn Ukraine. In that, Oleh models those attributes of many of the forefathers of our society such as Fulton Risdon, Alfred Farmer, Ross Tilley, and others who responded to the need for reconstructive surgery for casualties of war.

Oleh Antonyshyn is a compassionate, caring physician and remarkable and innovative surgeon. He is an exemplary leader, teacher, surgeon, and human being who is very deserving of the CSPS President's medal for 2022 for his selfless contribution to Ukraine.

### Report from the President, from page 2

that a livestream, virtual option was offered that allowed participants to view the presentations and submit written questions via a chat format.

The program has all the usual components and sub-meetings of an inperson symposium and is replete with the welcoming of 3 years' worth of new members and Lifetime Achievement and President's Medal award recipients.

Traditionally, AO CMF and AO Hand offered courses in alternate years on the Tuesday prior to the opening day of the meeting. This year, AO has sponsored a CMF course, the first since 2018 in Jasper. In the past, the course has been full however this year only 25 of 40 spots were filled. Program Directors are invited to encourage participation in future.

### **Invited Speakers**

The A.W. Farmer Lecture was delivered Dr. Linda Cendales from Duke University who discussed Vascularized Composite Allotransplantation and Innovation.

The CSPS Guest Speaker was Dr. Brian Day, an orthopedic surgeon from Vancouver who spoke about Privatization/Medicare in

Canada. He will also participated in a panel at the Friday Eye Opener Session on Renumeration Practices in Canada and finally, presented at the Young Plastic Surgeons' Symposium on Leadership.

The GAM Canada invited three speakers from Memorial Sloan Kettering Cancer Centre Lymphedema: Dr. Babak Mehrara, Dr. Michelle Coriddi and Dr. Joseph Dayan.

#### Social Media

After a few years of research (Dr. Frankie Fraulin, past Website Director) and discussions at meetings of the Board, YPS and a survey, the Executive Committee has supported a Social Media project to move forward with a 12-18-month trial. Dr. Margie Wheelock (Website Director) and Dr. Carolyn Lévis have made the recommendation to hire a digital communications firm to assist during this trial as a strategy to overcome some of the identified barriers to a successful social media presence for our society. We have identified our communications firm of choice and are establishing a Social Media Committee co-directed by Carolyn Lévis (to be transitioned to incoming Website & Social Media Director, Dr. Jennifer Giuffre and Dr. Andrew Simpson. Upon completion of the trial, the committee will carry on with managing the project independently if it is deemed to be of value to our society and members. The committee of 12-14 people will have 3-4 virtual meetings per year and be responsible for weekly to bi-weekly posts in a rota of responsibility for posts. The committee will establish the schedule in advance and framework of the content when needed such as for an upcoming CSPS event. The idea is to have it open to "members" and visible or forward-facing to the public with the following goal: To build a social media presence for the CSPS by showcasing the society's activities, its history, membership, and the field of plastic surgery. The target audience: Members of CSPS, Surgical trainees, Non-clinical researchers and research trainees in plastic surgery related subspecialties, Public curious about plastic surgery

We have terms of reference which we have borrowed from another group and have modified to suit us. We expect this to go live by September.

### Northwest Society of Plastic Surgeons (NWSPS)

As president, I was invited to attend the annual meeting held in Maui, Hawaii February 19-23, 2022. Though unable to travel to the meeting, I prepared an overview and update of CSPS activities which was presented on my behalf by Dr. Nick Carr. The next meeting is in Whistler, BC February 2023.

### **BIA-ALCL**

There was a paucity of communications and new information regarding BIA-ALCL

in the first part of the year however, we subsequently had communications regarding a CBC report that highlighted the "data dump" of adverse events by manufacturers of breast implants which generated renewed media attention. Further to this, CSPS was contacted by Health Canada to provide feedback on their risk assessment for breast implants. Drs. Peter Lennox, Robert Harrop, Carolyn Lévis and Nancy Van Laeken (CSAPS President) participated in a series of meetings with HC in January and February. Health Canada had conducted a review and provided an update to the 2017 and 2019 safety reviews. Their latest review concluded that the estimated risk of BIA-ALCL doubled since 2019. They advised that cases of BIA-ALCL can be expected to increase over time.

We expressed our concern about the reliability of their "non research level" data and that it was higher than that which is available to our Canadian experts (and the Canadian Database managed by Dr. Peter Lennox) and in the international forums on this topic. We could not sway them to delay the release until we could confirm accuracy, and the report was released in April.

Since then, Dr. Rob Harrop who has been heavily involved in this issue since his presidency 3 years ago, has been able to engage with HC to provide further details on their data collection strategies to better understand how their estimates are significantly higher. We anticipate further communications regarding this important issue in the next few months.

#### **By-Law Amendments**

As a result of important changes to our Bylaws which were voted on in November 2020, CSPS members are now able to hold business meetings in formats other than in person. This will allow for participation and voting by members who are not in physical attendance at a meeting or in the case where an in-person meeting is not permitted or otherwise required. While reviewing the Bylaws for this purpose, it was recognized by the Board, that modernization and updates beyond this component were required. A committee, chaired by Dr. Howard Clarke, painstakingly combed the Bylaws, and made recommendations to update language, clarify terminology and remove ambiguity. The resultant work was presented to the Executive Committee and then the Board which approved the updates/changes. The amended By-Laws were submitted for approval by the June 18,2022 Annual General Assembly.

I am honoured to have served as the 74<sup>th</sup> President of the Canadian Society of Plastic Surgeons this year and am humbled by the commitment of so many of our members who make CSPS the success that it is.