CSPS 2016 President’s Medal recipient is Dr. Mitchell Brown

In 2011, Dr. Mitchell Brown founded Breast Reconstruction Awareness (BRA) Day, an annual day to acknowledge the need for education, access and awareness for breast reconstruction following the treatment of breast cancer. BRA Day is now recognized in over thirty countries worldwide where it is celebrated annually in October.

In 2015 there were 3,000 attendees at 19 BRA day events across Canada. Many events took place in hospital auditoriums but there were other venues such as galleries, museums, schools, conference centres, fitness clubs, country clubs and restaurants. Event attendance ranged from 50 people to over 400 people.

Dr. Brown has been a member of the Canadian Society of Plastic Surgeons since 1994. He currently serves on the CSPS Board of Directors in charge of Public Relations. Dr. Brown is the founder and co-course director of the Toronto Annual Breast Surgery Symposium, Canada’s largest annual medical symposium of its kind.

Dr. Brown is an Associate Professor in the Department of Surgery at the University of Toronto and is the Residency Training Program Director for the Division of Plastic and Reconstructive Surgery. He has published numerous articles in the field of plastic surgery and is well recognized nationally and internationally.

In clinical practice since 1995, Dr. Brown specializes in aesthetic and reconstructive breast surgery, body contouring and facial rejuvenation procedures.

Please see, Dr. Brown, page 2

Dr. Achilleas Thoma to receive CSPS Lifetime Achievement Award

Dr. Achilleas Thoma has been a member of the Canadian Society of Plastic Surgeons since 1981. He has served the Society in numerous capacities including as Historian (1998 to 2001), Vice-President (2007-08), President (2008-09) and Past President (2009-10). In 2004 Dr. Thoma chaired the Local Arrangements Committee for a very successful “Big Fat Greek Meeting” in Hamilton. Dr. Thoma served on the Board of the Educational Foundation of the CSPS from 1997 to 2007 as Director, Secretary-Treasurer, Vice-President and, finally, President.

In 1983 Dr. Thoma established the Head and Neck Microsurgery Service at St. Joseph’s Hospital and the training microsurgery lab in the same institution. He has served as Head of Service in plastic surgery at St. Joseph’s Hospital for 14 years, Program Director of Plastic Surgery at McMaster on two separate occasions and Division Head for 15 years. Presently, Dr. Thoma is on the active staff of St. Joseph’s hospital and a clinical professor of surgery. He is on the editorial board of a number of plastic surgery journals and evidence-based medicine HUB for the Aesthetic Surgery Journal.

Research Focus

Dr. Thoma’s research focus is on Evidence-Based Surgery (EBS). As Director and member of the Surgical Outcomes Research Centre (SOURCE) he has collaborated on projects aimed at educating surgeons on appropriate techniques to evaluate and appraise the surgical literature. The guides to surgical literature include articles on: randomized controlled trials, case-series, economic evaluations, practice guidelines, diagnostic tests, decision analysis, sample size, confidence intervals and health-related quality of life. He has performed randomized controlled trials in hand surgery and breast reduction, with a cost-effectiveness analysis in both

Please see, Dr. Thoma, page 2
BRA-Day 2015 - Thank you!

CSPS members were joined by non-member plastic surgeons*, general surgeons, nurses and patients to contribute to the success of BRA-Day 2015. Congratulations to all on this fifth annual event.

CSPS members in other centers are encouraged to contact these colleagues and visit BRA-Day.com to organize an event. BRA Day events are welcomed on any day of the year, however, the official date for BRA Day is October 19, 2016.

BRA Day promotes education, awareness, and access for women who may wish to consider post-mastectomy breast reconstruction through informative, community-based events across Canada. Over 25 events across Canada are planned for BRA Day 2016 with over 30 countries participating.

The Canadian Breast Cancer Foundation is now the National Coordinator of BRA Day following its merger with Willow Breast & Hereditary Cancer Support. As part of CBCF, BRA Day will benefit from broader and more comprehensive delivery, increased promotion of events and the development of more educational and supportive resources for women considering breast reconstruction.

Dr. Thoma, from page 1

domains. Dr. Thoma’s current research interests include a cost-effectiveness analysis in breast reconstruction after mastectomy for breast cancer and novel treatments for Dupuytren’s contracture.

Background

Dr. Thoma was born in Cyprus – which was then a British Crown colony. As a young student he witnessed “the disturbances” of the 1955-1959 EOKA period. After independence from Great Britain in 1960, Cyprus was torn apart in an inter-communal conflict between the Greek Cypriot majority and the Turkish Cypriot minority. In October of 1966, just short of his 16th birthday and against his parents’ wishes, he left Cyprus and joined an older brother who had come to Canada just three years earlier.

He obtained his BSc in Medicine degree in 1974 and MD degree in 1976, both from McMaster. He was the 3rd resident to graduate from the McMaster Plastic Surgery program in 1980. His other training included a fellowship in Head and Neck Surgery in 1981 at St. Joseph’s Hospital. He was then awarded a McLaughlin scholarship to study Hand Surgery and Microsurgery in Louisville, Kentucky.

Dr. Brown, from page 1

The President’s Medal recognizes a Member who has made an extraordinary contribution to the betterment of the specialty. The Medal will be presented to Dr. Brown on the evening of Friday, June 17th during the CSPS President’s Banquet at the Westin Hotel, Ottawa.

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The Council of National Delegates is pleased to announce the formation of the International Confederation of Plastic Surgery Societies, ICOPLAST. This new confederation has been formed with a mission to improve patient outcomes worldwide; to educate, communicate, advocate and advance the specialty of Plastic Surgery globally; to ensure that quality and safety are the essential components of reconstructive and aesthetic plastic surgery training and patient care, and to encourage collaboration of national plastic surgery societies worldwide.

The core values of ICOPLAST are to provide benefits for patients, benefits for plastic surgeons and benefits for plastic surgery.

During meetings in Chicago, Frankfurt, Bruges and Boston representatives from countries around the world met to discuss a new way forward for international plastic surgery and the first steps toward the foundation of a new organization were taken. Finally, during the XXI Ibero-Latin American Congress of Plastic and Reconstructive Surgery in Punta del Este, Uruguay in March 2016, the International Confederation of Plastic Surgery Societies (ICOPLAST) was formally launched by sixty-two founding member societies.

The purpose of ICOPLAST is to educate, communicate, advocate and advance the specialty of plastic surgery globally, all in the widest sense of the word. The confederation will achieve this purpose by facilitating communications and education among national plastic surgery societies as well as by all other means that are conducive to that purpose.

ICOPLAST will openly welcome national societies that wish to join. ICOPLAST does not belong to any continent, region or country but supports plastic surgeons worldwide.

Given the extensive number of plastic surgery meetings that already occur, ICOPLAST will not organize stand-alone meetings but will meet in association with existing conferences of regional societies. It will focus on providing an online platform to share knowledge and provide opportunities for plastic surgeons to engage and interact without the need for additional travel.

ICOPLAST has been formed as a confederation of societies. Its members are national plastic surgery societies rather than individual plastic surgeons. Each national plastic surgery society will have representation on a Council of National Delegates. The Council of National Delegates will be the ultimate governing body of ICOPLAST to which the Board of Directors will be accountable. The Council has the authority to make statements of policy, review management reports, elect members to the Board of Directors, approve committees, review and approve budgets proposed by the Board of Directors, review the annual financial audit, approve dues and assessment amounts as proposed by the Board and to ratify or refuse other recommendations of the Board.

Board of Directors

The Board of Directors will manage the day-to-day operations of the confederation. The Board will be accountable to the Council of National Delegates for the results of its management of the confederation and the Council of National Delegates will have the right to recall the Board and request regional federations or societies to nominate replacement board members if the professional management is found to be unsatisfactory.

The following individuals were nominated by the members of the regions, and ratified by the Council of National Delegates.

ASIA
Kyung Suk Koh, South Korea
Takashi Nakatsuka, Japan

CENTRAL AND SOUTH AMERICA
Julio Daniel Kirschbaum, Peru (Secretary)
Nelson Piccolo, Brazil

EUROPE
Graeme Perks, UK
Hinne Rakhorst, Netherlands (Treasurer)

MIDDLE EAST
Hassan Badran, Egypt

NORTH AMERICA
Howard Clarke, Canada (Chair)
Robert X. Murphy, Jr, USA

OCEANIA
Rodney Cooter, Australia

The region of Africa has not yet nominated a member.

General Assembly

A general assembly of the Board of Directors, the Council of National Delegates and individual members of the national societies may be convened. The General Assembly will serve as a forum for communication for the Council of National Delegates and the individual members of the national societies. The General Assembly will receive reports and provide a platform for new initiatives and ideas.

Visit the new ICOPLAST website at www.icooplast.org
### SCIENTIFIC PROGRAM

**Tuesday, June 14th**
- 0800 - 1700 ... CMF Principles Course (additional advance registration required)
- 1600 - 1800 ... CSPS/GAM Early Bird Registration
- 1800 - 2100 ... CSSH (Canadian Society for Surgery of the Hand)

**Wednesday, June 15th**
- 0700 - 1200 ... GAM Canada Registration
- 0700 - 1700 ... CSPS Registration & Information Centre
- 0700 - 0800 ... GAM Canada Continental Breakfast
- 0730 - 1200 ... GAM Canada - Annual Meeting
- 1100 - 1400 ... FACE Canada (Forum for the Advancement of Craniofacial Expertise) Business Meeting
- 1300 - 1700 ... Educational Foundation Symposium

**Thursday, June 16th**
- 0630 - 1600 ... CSPS Registration & Information Centre
- 0630 - 0800 ... Breakfast in Exhibit Hall
- 0730 - 1400 ... Commercial Exhibits
- 0700 - 0800 ... “Eye-Opener” Session
- 0800 - 0815 ... CSPS Opening Ceremonies
- 0815 - 1300 ... Scientific Sessions
- 1300 - 1400 ... Lunch with Exhibitors
- 1300 - 1400 ... Young Plastic Surgeons Meet & Greet Lunch
- 1400 - 1700 ... Young Plastic Surgeons Meeting
- 1400 - 1700 ... Canadian Plastic Surgery Nurses Symposium

**Friday, June 17th**
- 0630 - 1600 ... CSPS Registration & Information Centre
- 0630 - 0800 ... Breakfast in Exhibit Hall
- 0730 - 1400 ... Commercial Exhibits
- 0700 - 0800 ... “Eye-Opener” Session
- 0800 - 1300 ... Residents Corner
- 1300 - 1400 ... Lunch with Exhibitors
- 1400 - 1700 ... Residents Meet the Professor
- 1400 - 1700 ... Business Meeting - Members Only

**Saturday, June 18th**
- 0700 - 1300 ... CSPS Registration & Information Centre
- 0730 - 0830 ... Breakfast
- 0800 - 1230 ... Scientific Sessions

### SOCIAL AND ALTERNATE PROGRAMME

**Tuesday, June 14th**
- 1600 - 1800 ... Early Bird Registration

**Wednesday, June 15th**
- 0700 - 1700 ... CSPS Registration & Information Centre
- 1800 - 2200 ... CSPS Welcoming Reception
- 2200 ... Hospitality Suite

**Thursday, June 16th**
- 0630 - 1600 ... CSPS Registration & Information Centre
- 0700 - 1000 ... Spouse Breakfast
- 1100 - 1200 ... Visit The Royal Canadian Mint
- 1830 - 2300 ... Canadian Museum of History Fun Night
- 2200 ... Hospitality Suite

**Friday, June 17th**
- 0630 - 1600 ... CSPS Registration & Information Centre
- 0700 - 1000 ... Spouse Breakfast
- 1200 - 1430 ... Parliament tour + Lunch
- 1600 - 1700 ... Rideau Canal Fun Run
- 1900 - 2400 ... Reception & President’s Banquet
- 2200 ... Hospitality Suite

**Saturday, June 18th**
- 0700 - 1300 ... CSPS Registration & Information Centre
- 0730 - 1000 ... Spouse Breakfast
- 1300 - 1430 ... Farewell Luncheon
- 1430 - 1700 ... Golf at Royal Ottawa Golf Club