

# CSPS NEWS

THE NEWSLETTER OF THE CANADIAN SOCIETY OF PLASTIC SURGEONS

Vol. 26, No. 1 Spring 2015

## Dr. Kimit Rai to receive CSPS Lifetime Achievement Award



Kimit Rai, MD, FRCSC

Dr. Kimit Rai has been a member of the Canadian Society of Plastic Surgeons since 1977. From 1994 to 2000 he served the Society and its members as Secretary-Treasurer, Vice-President, President and Past President. Dr. Rai also acted as Local Arrangements Chair to

host the CSPS Annual Meeting in 1991 and 2003 in Whistler, BC, thereby joining the small club of members to have undertaken the task twice.

Dr. Rai completed his training at the University of British Columbia in 1975, when he was certified in Plastic Surgery, subsequently gaining American Board of Plastic Surgery (ABPS) certification in 1977. represented the CSPS as an examiner for the ABPS from 1993 to 2004. He has served as Vice-President (1994) and President (1995) of the Northwest Society of Plastic surgeons in addition to serving on the Canadian Medical Association and American Society of Plastic Surgeons Ethics Committees as well as the CSPS Judicial Council.

In the midst of this busy career, a chance meeting with Dr. Bill Riley, founder of Operation Rainbow (USA) led Dr. Rai to join a surgical mission to the Philippines and to volunteer for several international medical Inspired by the missions. organization's work, in 1998 he cofounded Operation Rainbow Canada, a non-profit organization that provides free cleft lip and palate surgery to impoverished children and young adults in developing countries was formed. Today, the organization has successfully completed 23 missions in nine countries. It has no paid staff. Dr. Rai serves as both teacher and mentor on the missions, providing education and hands-on training to the Canadian

Please see, Dr. Rai, page 2

### CSPS 2015 President's Medal recipient is Dr. Don Lalonde



Dr. Don La-Londe is known to CSPS members as a tireless and devoted proponent of the art and science of plastic surgery.

His work on behalf of the specialty includes innumerable international society memberships and volunteer work.

He was the driving force behind the acquisition of the Canadian Journal of Plastic Surgery by the CSPS and its revitalization under the direction of Dr. **Ed** 

#### Buchel.

He was instrumental in obtaining reciprocity for Royal College certification with ABPS certification, has served the CSPS as Organizing Committee Chair for the 2002 Annual Meeting in Saint John, NB, as Public Relations Chair, as Vice-President, President and Past President and in 2011 as Organizing Committee Chair for the highly successful XVIth Congress of the International Confederation for Plastic, Reconstructive and Aesthetic Surgery hosted by the CSPS.

Dr. Lalonde served for many years on the Board of the American

Board of Plastic Surgery, becoming its Chair in 2011. He travels extensively to speak at conferences throughout the world and to devote his energies to volunteer missions while still finding the time to maintain a busy practice in Saint John.

The CSPS 2015 President's Medal will be presented to Dr. Lalonde at the President's Banquet in Victoria, BC, Fairmont Empress Hotel on the evening of June 5, 2015.

#### Dr. Rai, from page 1

medical residents who volunteer their time, and the health care professionals in the host countries. Operation Rainbow has also trained Canadian plastic surgery residents, as well as anesthesia fellows and paediatric residents in BC Children's Hospital.

Dr. Rai was honored by the the University of British Columbia in 2014 with a Faculty Community Service Award. In 2013, he was the recipient of a Governor General's Caring Canadian Award.

Dr. Rai is an inspirational leader whose work has improved the lives of thousands of underprivileged children and provided invaluable training for Canadian health professionals and those in host countries who will carry on the work.

Dr. Rai will be presented with the Canadian Society of Plastic Surgeons Lifetime Achievement Award on Friday, June 5, 2015 at the President's Banquet to be held at the Fairmont Empress Hotel in Victoria, British Columbia.

## For information on PLANNING YOUR BRA DAY EVENT

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## BRA-Day 2014 - Thank you!

CSPS members were joined by non-member plastic surgeons\*, general surgeons, nurses and patients to contribute to the success of BRA-Day 2014. Congratulations to all on this fourth annual event.

CSPS members in other centers are encouraged to contact these colleagues and Willow Breast & Hereditary Cancer Support about organizing BRA-Day 2015 events.

#### Burlington

Dr. Douglas Grace

#### Calgary

Dr. Mark Haugrud

Dr. Blair Mehling

Dr. Claire Temple-Oberle

#### Etobicoke

Dr. Nicolas Guay

Dr. Christine Tang

#### Halifay

Dr. Martin LeBlanc

Dr. Jason Williams

#### London

Dr. Aaron Grant

Dr. Doug Ross

Dr. Chris Scilley

#### Mississauga

Dr. Julie Khanna

Dr. Nancy de Kleer

Dr. Rodger Shortt

Dr. Christine Tang

#### Montreal

Dr. Christina Bernier

Dr. Joseph Bou-Merhi\*

Dr. Alain Danino

Dr. Omar Fouda Neel

Dr. Alain Gagnon

Dr. Patrick Harris

Dr. Lucie Lessard

#### Ottawa

Dr. Kirsty Boyd

Dr. Sachin Chitte

Dr. Gloria Rockwell

Dr. Jing Zhang\*

#### Saint John, NB

Dr. Don Lalonde

Dr. Margaret Wheelock\*

#### St. John's, NL

Dr. Joy Cluett

Dr. Arthur Rideout

Dr. Shane Seal

Dr. Don Fitzpatrick

#### Sudbury

Dr. Amanda Fortin

#### Toronto

Dr. Brett Bieber

Dr. Mitch Brown

Dr. Martin Jugenburg

Dr. Joan Lipa

Dr. Mary-Helen Mahoney

Dr. Melinda Musgrave

Dr. John Semple

Dr. Laura Snell

#### Vancouver

Dr. Nancy Van Laeken

Dr. Sheina Macadam

Dr. Peter Lennox

#### Waterloo

Dr. Amy Chesney\*

Dr. Richard Grace\*

Dr. Stephamie Ma\*

Dr. Robert Shenker

BRA Day promotes education, awareness, and access for women who may wish to consider post-mastectomy breast reconstruction through informative, community-based events across Canada. In 2013, there were 15 BRA Day events across Canada and over 30 countries participated. Organized by Willow Breast & Hereditary Cancer Support in Canada, BRA Day is a collaborative effort that includes plastic surgeons, plastic surgery nurse specialists, the Canadian Society of Plastic Surgeons, corporate sponsors, breast cancer organizations and volunteers. www.bra-day.com.



#### CANADIAN SOCIETY OF PLASTIC SURGEONS

69<sup>th</sup> ANNUAL MEETING June 2-6, 2015 Victoria Conference Center, Victoria, BC **Scientific Program Highlights** 

**Tuesday, June 2**<sup>nd</sup>: AO Course: *Hand and wrist workshop* (advance registration required for this program)

#### Wednesday, June 3rd

- > GAM Canada Annual Meeting with Invited Speaker
  Dr. Charles Butler
- > Educational Foundation Symposium: Common Problems in Plastic Surgery: State of the Art

#### Thursday, June 4th

- > Eye Opener: **Pelvic, perineal and vaginal reconstruction** Dr. Charles Butler
- > Canadian Expert: **Surgical Advocacy: Developing an Initiative** Dr. Mitchell Brown
- > Canadian Expert: **How to write a journal article** Dr. Edward Buchel
- > Canadian Expert: **Nerve transfers** Dr. Linda Dvali
- > Canadian Expert: **Craniofacial surgery for the general plastic surgeon** Dr. Lucie Lessard
- > *Invited Speaker: Establishing a CTA program*, Dr. David Mathes
- > Young Plastic Surgeons Symposium
- > 4th Annual Plastic Surgery Nurses Symposium

#### Friday, June 5th

- > Eye Opener: **PIP Joint Trauma** Dr. Paul Binhammer & Dr. Patrick Harris
- > *Invited Speaker*. *Innovation in Plastic Surgery* Dr. Geoffrey Gurtner
- > Residents Meet the Professor: Community based plastic surgery Dr. Jennifer Robinson & Dr. Ron Wallman

#### Saturday, June 6th

- > Panel: **Keeping Plastic Surgery Competitive** Dr. W. Bryan Callaghan, Chair
- > Panel: Complex Abdominal and Trunk Reconstruction - Chair: Dr. Edward Buchel
- > Panel: Partial Mastectomy Defects: The Next Challenge- Dr. Peter Lennox, Chair
- > Panel: **Body Contouring** Dr. Nicholas Carr, Chair
- > Canadian Expert: **Nasal reconstruction: key points to maximizing outcomes** Dr. Stefan Hofer
- > Canadian Expert: **The future of cleft lip and palate surgery** Dr. Douglas Courtemanche
- > Beyond the Knife



CSPS 69th ANNUAL MEETING Victoria, BC June 2-6, 2015

### 69<sup>th</sup> Annual Meeting Victoria Conference Center, Victoria, BC **Meeting at a Glance**

#### SCIENTIFIC PROGRAM

#### Tuesday, June 2nd

**0800 - 1700 ...** AO Hand & Wrist Workshop (additional advance registration required)

1600 - 1800 .. CSPS/GAM Early Bird Registration

#### Wednesday, June 3rd

0700 - 1200 .. GAM Canada Registration

0700 - 1700 .. CSPS Registration & Information Centre

0700 - 0800 .. GAM Canada Continental Breakfast

0730 - 1230 .. GAM Canada - Annual Meeting

1300 - 1700 .. Educational Foundation Symposium

#### Thursday, June 4th

0630 - 1600 .. CSPS Registration & Information Centre

0630 - 0800 .. Breakfast in Exhibit Hall

0730 - 1400 .. Commercial Exhibits

0700 - 0800 .. "Eye-Opener" Session

0800 - 0815 .. CSPS Opening Ceremonies

0815 - 1300 .. Scientific Sessions

1300 - 1400 .. Lunch with Exhibitors

1400 - 1700 .. Young Plastic Surgeons Meeting

1400 - 1700 .. Canadian Plastic Surgery Nurses Symposium

#### Friday, June 5th

0630 - 1600 .. CSPS Registration & Information Centre

0630 - 0800 .. Breakfast in Exhibit Hall

0730 - 1400 .. Commercial Exhibits

0700 - 0800 .. "Eye-Opener" Session

0800 - 1300 .. Residents Corner

1300 - 1400 .. Lunch with Exhibitors

1400 - 1700 .. Residents Meet the Professor

1400 - 1700 .. Business Meeting - Members Only

#### Saturday, June 6th

0700 - 1300 .. CSPS Registration & Information Centre

0730 - 0830 .. Breakfast

0800 - 1230 .. Scientific Sessions

#### **SOCIAL PROGRAM**

#### Tuesday, June 2nd

1600 - 1800 .. Early Bird Registration

#### Wednesday, June 3rd

0700 - 1700 .. CSPS Registration & Information Centre

1730 - 1930 .. CSPS Welcoming Reception

......Fairmont Empress Hotel

2200 ..... Hospitality Suite

#### Thursday, June 4th

0630 - 1600 .. CSPS Registration & Information Centre

0700 - 1000 .. Spouse Breakfast

.....Library - Empress Hotel

**0900 - 1300 ..** Whale Watching (optional activity not included in registration fee)

**1300 - 1800 ..** Golf at Victoria Golf Club (optional activity not included in registration fee)

1830 - 2300 .. Royal BC Museum Fun Night

2200 ..... Hospitality Suite

#### Friday, June 5th

0630 - 1600 .. CSPS Registration & Information Centre

0700 - 1000 .. Spouse Breakfast

..... Library - Empress Hotel

**0900 - 1400 ..** Butchart Gardens Tour & Lunch (optional activity not included in registration fee)

**1600 - 1700 ..** Fun Run

1900 - 2400 .. Reception & President's Banquet

2200 ..... Hospitality Suite

#### Saturday, June 6th

0700 - 1300 .. CSPS Registration & Information Centre

**0730 - 1000 ..** Spouse Breakfast

.....Library - Empress Hotel

1300 - 1430 .. Farewell Luncheon